

TRANSFER GUIDE/BDP

BS, Nutrition & Foods, Nutrition & Wellness, 840D
Appalachian State University
2023-2024

[Department of Nutrition & Healthcare Management](#)
[Beaver College of Health Sciences](#)
[Program of Study](#)

HOW-TO Use the Transfer Guide/BDP

The Transfer Guides/BDPs have three sections:

1. The NC Community College courses are listed in the yellow section. Recommended and/or preferred courses are provided, with the equivalent Appalachian courses listed. If a specific course is not listed, students should use the blue hyperlink to access the [Comprehensive Articulation Agreement transfer course list](#). Students are welcome to choose any CAA course; however, students should choose courses that are available at their institution and satisfy their transfer degree requirements.
2. Appalachian courses are listed in the gray section. Once at Appalachian, students will work with an advisor to develop an individual graduation plan.
3. Important transfer and major information is listed in the white sections. Students should refer to these sections for information regarding program requirements and other important information the department would like students to be aware of.

Please note - Transfer Guides/BDPs are developed based on the approved curriculum for that catalog year. Depending on term of entry and the curriculum posted for that catalog year, programs of study may have changed.

Community College Coursework: 61 Transfer hours		Associate in Arts			
Semester 1: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 111	Writing & Inquiry	3	RC 1000	
	MAT 152	Statistical Methods I	4	STT 2820	Required for the major; Math UGETC Course
	PSY 150	General Psychology	3	PSY 1200	Required for the major; Social/Behavioral Sciences
	BIO 111	General Biology I	4	BIO 1801 or BIO 1201	Required for the major; Natural Sciences
	ACA 122	College Transfer Success	1		
		Semester hours	15		
Semester 2: 16 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 112	Writing/Research in the Disciplines	3	RC 2001	
	CHM 131/131A or CHM 151	Intro to Chemistry + Lab or General Chemistry I	4	CHE 1051/1053 or CHE 1101/1110	Required for major; GEC Course
	UGETC	Social/Behavioral Science	3		
	UGETC	Social/Behavioral Science	3		
	UGETC	Humanities/Fine Arts	3		
		Semester hours	16		
Semester 3: 16 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	CHM 132 or CHM 152	Organic and Biochemistry or General Chemistry II	4	CHE 1052/1054 or CHE 1102/1120	Required for the major; GEC Course
	ACC 120	Accounting	4	ACC 2100	Required for the major; Pre-major Course
	BIO 155 OR NUT 110 or EDU 153	Nutrition	3	NUT 2202	Required for the major; Pre-major Course
	BIO 163	Basic Anatomy & Physiology	5	ES 2030	Required for the major; Pre-major Course
		Semester hours	16		
Semester 4: 14 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	UGETC	Humanities/Fine Art	3		
	UGETC	Humanities/Fine Arts	3		
	GEC Elective		3		
	GEC Elective		3		
	Pre-Major Elective		2		
		Semester hours	14		
		Total AA degree hours	61		

Appalachian Course Work: 65 hours				
Semester 5: 14 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 1202	Basic Food Science	3	
	NUT 2201	Foods & Nutrition for Children	3	
	NUT 2210 or NUT 2400	Intro to the Profession OR Intro to Food Systems	1	
	NUT 3205	Nutrition & the Life Cycle	3	
	BIO 2200	Human Microbiology	4	FER 3120 - Fermentation Microbiology can be taken instead of BIO 2200, but it is only offered in Spring.
	Semester hours		14	
Semester 6: 15 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 2203	Organization & Management in Food Services	3	
	NUT 3120	Intermediate Nutrition	3	Writing in the Discipline; offered spring semester only
	NUT 3300	Nutrition Education	3	Offered spring semester only
	Minor Course 1		3	
	Minor Course 2		3	
	Semester hours		15	
Semester 7: 16 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 2351	Global Nutrition: Emerging Health Challenges	3	
	NUT 4600	Professional Development	1	Offered fall semester only
	NUT 3400	Cultural Foods	3	
	NUT 4504	Foodsystems Management	3	
	Minor Course 3		3	
	Minor Course 4		3	
	Semester hours		16	
Semester 8: 16 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4509	Quality Food Production	3	
	NUT 4300	Health Promotion and Practice in Rural and Urban Settings	3	Offered spring semester only
	NUT 4552	Medical Terminology/Records	1	
	NUT 4560	Community Nutrition	3	
	Minor Course 5		3	
	Minor Course 6 or Free Elective		3	*if needed to fulfill minor and/or reach 120 total credit hours
	Semester hours		16	
Summer: 4 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4900	Internship CAPSTONE	4	Can be taken for up to 8 credit hours; Make sure you will have 120 total hours to graduate
	Semester Hours		4	
	Total Appalachian hours		65	

Applying to Appalachian:

- A minimum cumulative GPA of 2.25, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

Transfer Information:

- NUT and Wellness GPA requirements @ Appalachian: 2.5 cumulative GPA required to declare; 2.5 cumulative GPA required for retention; and 2.5 cumulative required 2.0 major GPA required for graduation.
- NUT and Wellness grade requirements: All NUT and Wellness majors must earn a minimum grade of "C" (2.0) in each required NUT course in the major.

Transfer Resources:

Transfer Admissions & Engagement

Office of Admissions
Office of Financial Aid
Scholarships
Career Development
University Housing
Off-Campus Housing
Campus Activities
BCHS Advising

transfer.appstate.edu
admissions.appstate.edu
financialaid.appstate.edu
scholarships.appstate.edu
careers.appstate.edu
housing.appstate.edu
offcampushousing.appstate.edu
campusactivities.appstate.edu
healthsciences.appstate.edu/students



Questions, please call Transfer Admissions & Engagement at 828-262-7877