

**FIRST YEAR SEMINAR**

\_\_\_UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or \_\_\_UCO MET\* (0 s.h.)

\*open to students who: 1. graduated from high school more than one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 30 or more semester hours at one or more postsecondary institutions prior to entering Appalachian. Credit by exam, university placement credit, and credit for life or military experience are excluded from the 30 s.h. Students using this option will have 41 s.h. of General Education.

**WRITING ACROSS THE CURRICULUM (6 s.h. required)**

\_\_\_R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)

\_\_\_R C 2001 or WRC 2001

**MAJOR REQUIREMENTS (hours count in major requirements)**

\_\_\_Junior Writing in the Discipline (“WID” on major Program of Study)

\_\_\_Senior Capstone Experience (“CAP” on major Program of Study)

**WELLNESS LITERACY (2 s.h. required)**

**Choose from the following:**

1 s.h. courses: \_\_\_, \_\_\_P E 1530-1549, P E 1700-1877

2 s.h. courses: \_\_\_DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, \_\_\_HPE 1000, \_\_\_MSL 1101, \_\_\_P H 1105, \_\_\_SSU 2280, 2480, 2580, or 4580

3 s.h. courses (additional hour may count as elective):

\_\_\_DAN 4460, \_\_\_HPE 4320, \_\_\_NUT 2202, \_\_\_P E 1718

**QUANTITATIVE LITERACY (4 s.h. required)**

**4 s.h. courses** (These courses fully complete this requirement.):

\_\_\_C S 2435, \_\_\_MAT 1010, \_\_\_MAT 1020, \_\_\_MAT 1110, \_\_\_STT 2820, \_\_\_WRC 1010

**3 s.h. courses** (These courses count toward, but do not fully complete, this requirement.):

\_\_\_ECO 2100, \_\_\_ECO 2200, \_\_\_MAT 1035, \_\_\_STT 1810, \_\_\_STT 2810, \_\_\_STT 3820

**1 s.h. courses** (for students who transfer 3 s.h. of QL coursework): \_\_\_MAT 1005, \_\_\_STT 1805

*If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.*

**SCIENCE INQUIRY** requires 8 semester hours from one theme (underlined). Courses in themes marked with an \* must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

**Biology in Society:** BIO \_\_\_1201, \_\_\_1202, and \_\_\_1203 or (for transfer credit) BIO \_\_\_1201/1204 and \_\_\_1202/1205

**The Blue Planet:** GES \_\_\_1104 and \_\_\_1105

\* **Chemistry Connections to Our Changing World:** CHE \_\_\_1101/1110 and \_\_\_1102/1120

**Global Environmental Change:** choose 2 from: \_\_\_BIO 1103, \_\_\_GHY 1011, \_\_\_GHY 1012, \_\_\_GES 1103, \_\_\_GES 1104

\* **How Things Work:** PHY \_\_\_1101 and \_\_\_1102

**Life, Earth and Evolution:** \_\_\_ANT 1430 and \_\_\_GES 1102

\* **The Physics of Our Technological World:** PHY \_\_\_1103 and \_\_\_1104

**Physics of Self Expression:** choose 2 from: PHY \_\_\_1101, \_\_\_1812, and \_\_\_1814

\* **Physics with Calculus:** PHY \_\_\_1150 and \_\_\_1151

**Restless Planet: Earth, Environment and Evolution:** choose 2 from: GES \_\_\_1101, \_\_\_1102, \_\_\_1103

\* **Voyages Through the Cosmos:** AST \_\_\_1001 and \_\_\_1002

**NOTE:** A 1 hour lab option *may* be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or [gened@appstate.edu](mailto:gened@appstate.edu) for more information.

**DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:**

\_\_\_ Fine Arts (FA), \_\_\_ Historical Studies (HS), \_\_\_ Literary Studies (LS), \_\_\_ Social Science (SS)

**INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.”**

- American Culture: Past and Present:** \_\_\_ ANT 2235 (SS), \_\_\_ COM 3130, \_\_\_ ENG 2120 (LS), \_\_\_ HIS 2525 (HS), \_\_\_ IDS 2000, \_\_\_ REL 3110, \_\_\_ S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land:** \_\_\_ A S/MUS 2016 (FA), \_\_\_ A S 2200 (LS), \_\_\_ A S/GES 2301, \_\_\_ A S 2411 (SS), \_\_\_ A S 3000, \_\_\_ HIS 3726 (HS), \_\_\_ SOC 3710 (SS)
- Cultivating Creative Expression:** \_\_\_ ART 2022 (FA), \_\_\_ ENG 2360 (LS), \_\_\_ MUS 2022 (FA), \_\_\_ THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions:** \_\_\_ WRC 2201 (LS), \_\_\_ WRC 2202 (HS), \_\_\_ WRC 3000 (SS), \_\_\_ WRC 3203 (FA)
- Expressions of Culture:** \_\_\_ COM 2124 (SS), \_\_\_ DAN 2020 (FA), \_\_\_ DAN 2030 (FA), \_\_\_ HIS/IDS 3340 (HS), \_\_\_ LLC 2050, \_\_\_ THR 2020 (FA)
- From Empire to Globalization:** \_\_\_ ANT 1415 (SS), \_\_\_ ANT 2340 (SS), \_\_\_ ENG 2040 (LS), \_\_\_ GWS 2525, \_\_\_ GLS 2000, \_\_\_ HIS 1400 (HS), \_\_\_ P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge:** \_\_\_ ANT 1420 (SS), \_\_\_ ANT 1425 (SS), \_\_\_ GES 1842, \_\_\_ HIS 2312 (HS), \_\_\_ HIS 2320 (HS), \_\_\_ LLC 2045 (LS)
- How We Tell Stories:** \_\_\_ C I/ITC 2010, \_\_\_ ENG 2170, \_\_\_ IDS 2211, \_\_\_ LLC 2025 (LS), \_\_\_ PHL 1502, \_\_\_ REL 2020 (LS), \_\_\_ THR 2005 (FA), \_\_\_ THR 3640 (FA)
- The Human-Animal Bond:** \_\_\_ ENG 2430 (LS), \_\_\_ ENG/S D 3715 (LS), \_\_\_ GLS 3580, \_\_\_ HIS 2150 (HS), \_\_\_ PHL 2010, \_\_\_ WRC 2100
- Imagination, Innovation, and Meaning:** \_\_\_ ANT 2440 (SS), \_\_\_ DAN 2010 (FA), \_\_\_ HIS 1110 (HS), \_\_\_ MUS 2018 (FA), \_\_\_ PHL 2013, \_\_\_ THR 2010 (FA)
- Intersections: Race, Class, and Gender:** \_\_\_ ANT 2420 (SS), \_\_\_ ENG 2130 (LS), \_\_\_ GWS 2421, \_\_\_ MUS 2023 (FA), \_\_\_ PHL 3050, \_\_\_ P S 3410, \_\_\_ SOC 2050 (SS), \_\_\_ S W 2615
- Las Américas:** \_\_\_ ANT 2300 (SS), \_\_\_ GHY 3014 (SS), \_\_\_ GLS 3020 (HS), \_\_\_ HIS 2301 (HS), \_\_\_ HIS 2302 (HS), \_\_\_ LLC 2040 (LS), \_\_\_ REL 3100, \_\_\_ WRC 2400 (FA)
- Revolutions: Social and Political:** \_\_\_ ART 2019 (FA), \_\_\_ HIS 1501 (HS), \_\_\_ HIS 2340 (HS), \_\_\_ MUS 2015 (FA), \_\_\_ PHL 3030, \_\_\_ SOC 1100 (SS), \_\_\_ THR 2017 (FA)
- Social Relations Across Contexts:** \_\_\_ COM 2121, \_\_\_ HIS 1120 (HS), \_\_\_ PSY 2100, \_\_\_ PSY 2213 (SS), \_\_\_ SOC 1110 (SS)
- Sustainability and Global Resources:** \_\_\_ FCS 2110, \_\_\_ FER 1000, \_\_\_ GHY 1010, \_\_\_ IDS 3010, \_\_\_ PHL 2015, \_\_\_ PHY 1830, \_\_\_ S D 2400, \_\_\_ TEC 2029 (SS)
- War and Peace:** \_\_\_ ANT 2222 (SS), \_\_\_ GLS/JHP 2350, \_\_\_ HIS/JHP 2300, \_\_\_ HIS 3158(HS), \_\_\_ HIS 3823 (HS), \_\_\_ P S 4225 (SS), \_\_\_ REL 3170, \_\_\_ SOC 3800 (SS)

**LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.**

- Anthropology (ANT):** \_\_\_ 2100 (SS), \_\_\_ 2400 (SS), \_\_\_ 2430 (SS), \_\_\_ 2700 (SS), \_\_\_ 2800 (SS)
- Appalachian Studies (A S):** \_\_\_ 2020, \_\_\_ 2025
- Apparel Design and Merchandising (ADM):** \_\_\_ 1000 (SS)
- Arabic (ARB):** \_\_\_ 1050
- Art (ART):** \_\_\_ 2011 (FA), \_\_\_ 2016 (FA)
- Art History (ARH):** \_\_\_ 2030 (FA), \_\_\_ 2130 (FA)
- Astronomy (AST):** \_\_\_ 1050
- Career and Technical Education (CTE):** \_\_\_ 1590
- Chinese (CHN):** \_\_\_ 1050
- Commercial Photography (PHO):** \_\_\_ 2032
- Communication (COM):** \_\_\_ 2105, \_\_\_ 3300, \_\_\_ 3315
- Criminal Justice (C J):** \_\_\_ 3450 (SS)
- Curriculum & Instruction (C I):** \_\_\_ C I/R M 2000
- Dance (DAN):** \_\_\_ 1431 (FA), \_\_\_ 2800 (FA), \_\_\_ 3430 (FA), \_\_\_ 3435 (FA), \_\_\_ 3445 (FA)
- Economics (ECO):** \_\_\_ 2030 (SS), \_\_\_ 2040 (SS), \_\_\_ 2620 (SS)
- English (ENG):** \_\_\_ 1500, \_\_\_ 2030 (LS), \_\_\_ 2050 (LS), \_\_\_ 2060 (LS), \_\_\_ 2070 (LS), \_\_\_ 2175, \_\_\_ 2190 (LS), \_\_\_ 2350 (LS), \_\_\_ ENG/JHP 3712 (LS)
- Family & Child Studies (FCS):** \_\_\_ 2103 (SS), \_\_\_ 2111
- Finance (FIN):** \_\_\_ 2860
- French (FRE):** \_\_\_ 1050 OR \_\_\_ 1060 (3 of 6 s.h. count in General Education)
- Gender, Women’s, and Sexuality Studies (GWS):** \_\_\_ 2600
- Geography (GHY):** \_\_\_ 1020 (SS), \_\_\_ 1040 (SS)
- German (GER):** \_\_\_ 1050 OR \_\_\_ 1060 (3 of 6 s.h. count in General Education)
- History (HIS):** \_\_\_ 1101 (HS), \_\_\_ 1102 (HS), \_\_\_ 1130, \_\_\_ 1200 (HS), \_\_\_ 1700, \_\_\_ HIS/WRC 3210, \_\_\_ 3350 (HS), \_\_\_ 3728 (HS)
- Honors College (HON)** (restricted to HON students): \_\_\_ 2515, \_\_\_ 3515
- Industrial Design (IND):** \_\_\_ 2012 (FA)
- Interdisciplinary Studies (IDS):** \_\_\_ IDS/WRC 2204, \_\_\_ 3025, \_\_\_ 3250
- Interior Design (INT):** \_\_\_ 1300 (FA)
- Japanese (JPN):** \_\_\_ 1050
- Judaic, Holocaust, and Peace Studies (JHP):** \_\_\_ JHP/REL 2110 (HS), \_\_\_ JHP/ENG 3712 (LS)
- Languages, Literatures, and Cultures (LLC):** \_\_\_ LLC/WRC 2030, \_\_\_ 3430 (LS)
- Latin (LAT):** \_\_\_ 1050
- Music (MUS):** \_\_\_ 2011 (FA), \_\_\_ 2014 (FA), \_\_\_ 2052, \_\_\_ 2611 (HS) (2 s.h.), \_\_\_ 2612 (HS) (2 s.h.), \_\_\_ 2613, \_\_\_ 2616 (FA), \_\_\_ 3611 (HS) (2 s.h.)
- Nutrition (NUT):** \_\_\_ 2351 (SS)
- Philosophy (PHL):** \_\_\_ 1000, \_\_\_ 1100, \_\_\_ 1501, \_\_\_ 1503, \_\_\_ 2000, \_\_\_ 3000 (HS), \_\_\_ 3013, \_\_\_ 3015, \_\_\_ 3020, \_\_\_ 3200 (HS), \_\_\_ 3550, \_\_\_ 3600
- Physics (PHY):** \_\_\_ 1600
- Planning (PLN):** \_\_\_ 2410 (SS)
- Political Science (P S):** \_\_\_ 1100 (SS), \_\_\_ 1200 (SS), \_\_\_ 2130 (SS)
- Portuguese (POR):** \_\_\_ 1050
- Psychology (PSY):** \_\_\_ 1200 (SS), \_\_\_ 3010
- Public Health (P H):** \_\_\_ 2000 (SS)
- Recreation Management (R M):** \_\_\_ R M/C I 2000, \_\_\_ 2100 (SS), \_\_\_ 2140 (HS)
- Religious Studies (REL):** \_\_\_ 1010 (LS), \_\_\_ 1100 (SS), \_\_\_ 1110, \_\_\_ 1115, \_\_\_ 1120, \_\_\_ 1700, \_\_\_ 2010 (LS), \_\_\_ 2030 (LS), \_\_\_ REL/JHP 2110 (HS), \_\_\_ 2120 (HS), \_\_\_ 2130, \_\_\_ 2150 (HS), \_\_\_ 2180
- Russian (RSN):** \_\_\_ 1050
- Sociology (SOC):** \_\_\_ 1000 (SS), \_\_\_ 2020 (SS), \_\_\_ 2850 (SS), \_\_\_ 3100 (SS)
- Somatic Sustainability (SSU):** \_\_\_ 2460
- Spanish (SNH):** \_\_\_ 1050 OR \_\_\_ 1060 (3 of 6 s.h. count in General Education)
- Technology (TEC):** \_\_\_ 2601
- Theatre (THR):** \_\_\_ 2025 (FA), \_\_\_ 2030 (FA), \_\_\_ 2300 (FA), \_\_\_ 2610 (FA), \_\_\_ 3730 (FA)
- Watauga Residential College (WRC):** \_\_\_ 1104 (6 s.h.) (Restricted to WRC students), \_\_\_ WRC/LLC 2030, \_\_\_ WRC/IDS 2204, \_\_\_ 2403 (LS), \_\_\_ 2405, \_\_\_ WRC/HIS 3210, \_\_\_ 3401 (LS), \_\_\_ 3403 (FA), \_\_\_ 3665 (LS)