FIRST YEAR SEMINAR

☐ _UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or _UCO MET* (0 s.h.)

*open to students who: 1. graduated from high school more than one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 30 or more transferable semester hours at one or more postsecondary institutions prior to entering Appalachian. Credit by exam, university placement credit, and credit for life or military experience are excluded from the 30 s.h. Students using this option will have 41 s.h. of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)

☐ _R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)
☐ _R C 2001 or WRC 2001

MAJOR REQUIREMENTS (hours count in major requirements)

☐ Junior Writing in the Discipline (“WID” on major Program of Study)
☐ Senior Capstone Experience (“CAP” on major Program of Study)

WELLNESS LITERACY (2 s.h. required)

Choose from the following:

1 s.h. courses: ___ P E 1530-1549, P E 1700-1877

2 s.h. courses: ___ DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, ___ HPE 1000, ___ MSL 1101, ___ P H 1105, ___ SSU 2280, 2480, 2580, or 4580

3 s.h. courses (additional hour may count as elective): ___ DAN 4460, ___ HPE 4320, ___ NUT 2202, ___ P E 1718

QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.): ___ C S 2435, ___ MAT 1010, 1020, or 1110, ___ STT 2820, ___ WRC 1010

3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):
___ ECO 2100 or 2200, ___ MAT 1035, ___ STT 1810, 2810, or 3820

1 s.h. courses (for students who transfer 3 s.h. of QL coursework): ___ MAT 1005, ___ STT 1805 (not open to students with other STT credit)

NOTE: If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major or minor requires a course which can count for the final QL hour.

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

☐ **Biology in Society**: BIO ___1201 (3 s.h.), ___1202 (3 s.h.), and ___1203 (2 s.h.) or (for transfer credit) BIO ___1201 (3 s.h.)/1204 (1 s.h.) and ___1202 (3 s.h.)/1205 (1 s.h.)

☐ **The Blue Planet**: take both: GES ___1104 (4 s.h.) and ___1105 (4 s.h.)

*☐ **Chemistry Connections to Our Changing World**: take both: CHE ___1101 (3 s.h.)/1110 (1 s.h.) and ___1102 (3 s.h.)/1120 (1 s.h.)

☐ **Global Environmental Change**: choose 2 from: ___ BIO 1103 (4 s.h.), ___ GHY 1011 (4 s.h.), ___ GHY 1012 (4 s.h.), ___ GES 1103 (4 s.h.), ___ GES 1104 (4 s.h.)

☐ **How Things Work**: take both: PHY ___1101 (4 s.h.) and ___1102 (4 s.h.)

☐ **Life, Earth and Evolution**: take both: ___ ANT 1430 (4 s.h.) and ___ GES 1102 (4 s.h.)

*☐ **The Physics of Our Technological World**: take both: PHY ___1103 (4 s.h.) and ___1104 (4 s.h.)

☐ **Physics of Self Expression**: choose 2 from: PHY ___1101 (4 s.h.), ___1812 (4 s.h.), and ___1814 (4 s.h.)

*☐ **Physics with Calculus**: take both: PHY ___1150 (5 s.h.) and ___1151 (5 s.h.)

☐ **Restless Planet: Earth, Environment and Evolution**: choose 2 from: GES ___1101 (4 s.h.), ___1102 (4 s.h.), and ___1103 (4 s.h.)

*☐ **Voyages Through the Cosmos**: take both: AST ___1001 (4 s.h.) and ___1002 (4 s.h.)

NOTE: A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.
INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.” All courses are 3 semester hours.

- **American Culture: Past and Present:** __ANT 2235 (SS), __COM 3130, __ENG 2120 (LS), __GHS 3016 (SS), __HIS 2525 (HS), __IDS 2000, __REL 3110, __S W 2020 (SS)
- **Appalachian Mountains: Community, Culture, and Land:** __ANT 2201 (FA), __COM 2124 (SS), __DAN 2030 (FA), __HIS 2320 (HS), __LLC 2045 (LS), __PLN 3730 (SS)
- **Creating Expressive Culture:** __ART 2019 (FA), __ENG 2360 (LS), __MUS 2022 (FA), __THR 2022 (FA)
- **Experiencing Inquiry: How to Ask Questions:** __WRC 2201 (LS), __WRC 2400 (FA)
- **From Empire to Globalization:** __ANT 2300 (SS), __GHS 3014 (SS), __GLS 3020 (HS), __HIS 2301 (HS), __HIS 2302 (LS), __LLC 2040 (LS), __REL 3100, __WRC 2400 (FA)
- **Geopolitical and Historical Studies:** __ANT 2340 (SS), __ENG 2120 (LS), __GHS 3017 (SS), __GLS 3000, __HIS 2300, __IDS 2010 (FA), __P S 3410, __SOC 2050 (SS), __S W 2615
- **Honors College (HON):** __ART 2019 (FA), __ENG 2360 (LS), __MUS 2022 (FA), __REL 3100, __S W 2615

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes. Unless otherwise indicated, all courses are 3 semester hours.

- **Anthropology (ANT):** __2100 (SS), __2400 (SS), __2430 (SS), __2700 (SS), __2800 (SS)
- **Appalachian Studies (A S):** __2020, __2025
- **Art (ART):** __2011 (FA), __2016 (FA)
- **Art History (AH):** __2030 (FA), __2130 (FA)
- **Astronomy (AST):** __1050
- **Career and Technical Education (CTE):** __1590
- **Chinese (CHN):** __1050
- **Commercial Photography (PHO):** __2032
- **Communication (COM):** __2105, __3300, __3315
- **Criminal Justice (C J):** __3450 (SS)
- **Curriculum & Instruction (C I):** __C J/R M 2000
- **Dance (DAN):** __1431 (FA), __2800 (FA), __3430 (FA), __3435 (FA), __3445 (FA)
- **Economics (ECO):** __2030 (SS), __2040 (SS), __2620 (SS)
- **English (ENG):** __1500, __2030 (LS), __2050 (LS), __2060 (LS), __2070 (LS), __2175, __2190 (LS), __2350 (LS), __ENG/HJP 3712 (LS)
- **Family & Child Studies (FCS):** __2103 (SS), __2111
- **Finance (FIN):** __2860
- **French (FRE):** __1050 OR __1060 (3 of 6 s.h. count in General Education)
- **Gender, Women’s, and Sexuality Studies (GWSS):** __2600
- **Geography (GHS):** __1020 (SS), __1040 (SS), __3013 (SS)
- **German (GER):** __1050 OR __1060 (3 of 6 s.h. count in General Education)
- **History (HIS):** __1101 (HS), __1102 (HS), __1130, __1200 (HS), __1700, __HIS/WRC 3210, __3350 (HS), __3728 (HS)
- **Honors College (HON): (restricted to HON students):** __2515, __3515
- **Industrial Design (IND):** __1401 (FA)
- **Interdisciplinary Studies (IDS):** __IDS/WRC 2204, __3025, __3250
- **Interior Design (INT):** __1300 (FA)
- **Japanese (JPN):** __1050
- **Judao, Holocaust, and Peace Studies (JHP):** __JHP/REL 2110 (HS), __JHP/ENG 3712 (LS)
- **Languages, Literatures, and Cultures (LLC):** __LLC/WRC 2030, __3430 (LS)
- **Latin (LAT):** __1050
- **Music (MUS):** __2011 (FA), __2015 (FA), __2017 (FA)**, __2025 (FA), __2052, __2611 (HS) (2 s.h.), __2612 (HS) (2 s.h.), __2613, __2616 (FA), __3611 (HS) (2 s.h.)
- **Nutrition (NUT):** __2351 (SS)
- **Philosophy (PHL):** __1000, __1100, __1501, __1503, __2000, __3000 (HS), __3013, __3015, __3020, __3200 (HS), __3550, __3600
- **Physics (PHY):** __1600
- **Planning (PLN):** __2410 (SS)
- **Political Science (P S):** __1100 (SS), __1200 (SS), __2130 (SS)
- **Portuguese (POR):** __1050
- **Psychology (PSY):** __1200 (SS), __3010
- **Public Health (P H):** __2000 (SS)
- **Religious Education (REL):** __2010 (LS), __1100 (SS), __1120, __2100 (LS), __2030 (LS), __REL/HJP 2110 (HS), __2120 (HS), __2130, __2150 (HS), __2180
- **Russian (RUS):** __1050
- **Sociology (SOC):** __1000 (SS), __2020 (SS), __2850 (SS), __3100 (SS)
- **Somatic Sustainability (SSU):** __2460
- **Spanish (SNH):** __1050 OR __1060 (3 of 6 s.h. count in General Education)
- **Technology (TEC):** __2601
- **Theatre (THR):** __2025 (FA)**, __2030 (FA), __2300 (FA), __2610 (FA), __3730 (FA)
- **Watauga Residential College (WRC):** __1104 (6 s.h.) (Restricted to WRC students), __WRC/LCC 2030, __WRC/IDS 2204, __2403 (LS), __2405, __WRC/HIS 3210, __3401 (LS), __3403 (FA), __3665 (LS)

**A student may use either MUS 2017 or THR 2025, but not both, to meet General Education requirements.