

**FIRST YEAR SEMINAR**

\_\_UCO 1200, HON 1515, or WRC 1103 (3 of 6 cr. will count here) or \_\_UCO MET\* (0 cr.)

\*The First Year Seminar requirement in General Education is waived for students who: 1. graduated from high school at least one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 24 or more transferable credits at postsecondary institutions prior to entering Appalachian. Credit by exam or for military or life experience is excluded from the 24 credits. Students whose First Year Seminar requirement in General Education is waived might have three fewer credits of General Education.

**WRITING ACROSS THE CURRICULUM (6 cr. required)**

\_\_R C 1000, LLC 1000, or WRC 1103 (3 of 6 cr.. will count here)

\_\_R C 2001 or WRC 2001

**MAJOR REQUIREMENTS (hours count in major requirements)**

\_\_Junior Writing in the Discipline ("WID" on major Program of Study)

\_\_Senior Capstone Experience ("CAP" on major Program of Study)

**WELLNESS LITERACY (2 cr. required)**

**Choose from the following:**

1 cr. courses: \_\_, \_\_P E 1530-1549, P E 1700-1877

2 cr. courses: \_\_DAN 1405/1410/1420/1430/2405/2410/2420/2430,  
\_\_HPE 1000, \_\_MSL 1101, \_\_MUS 2054, \_\_P H 1105,  
\_\_SSU 2280/2480/2580/4480/4580

3 cr. courses (additional credit may count as elective):

\_\_DAN 4460, \_\_HPE 4320, \_\_NUT 2202, \_\_P E 1718

**QUANTITATIVE LITERACY (4 cr. required)**

**4 cr. courses** (These courses fully complete this requirement.): \_\_C S 2435, \_\_MAT 1010/1020/1110, \_\_STT 2820, \_\_WRC 1010

**3 cr. courses** (These courses count toward, but do not fully complete, this requirement.):

\_\_ECO 2100/2200, \_\_MAT 1035, \_\_STT 1810/2810/3820

**1 cr. courses** (for students who transfer 3 cr. of QL coursework): \_\_MAT 1005, \_\_STT 1805 (not open to students with other STT credit)

**NOTE:** *If you have transferred 3 credits of QL coursework, please check with your advisor to see if your intended major or minor requires a course which can count for the final QL credit.*

**SCIENCE INQUIRY requires 8 credits from one theme (underlined). Courses in themes marked with an \* must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.**

**Biology in Society:** take: BIO \_\_1201 (3 cr.), \_\_1202 (3 cr.), and \_\_1203 (2 cr.) or (for transfer credit) BIO \_\_1201 (3 cr.)+1204 (1 cr.) and \_\_1202 (3 cr.)+1205 (1 cr.)

**The Blue Planet:** take both: GES \_\_1104 (4 cr.) and \_\_1105 (4 cr.)

\* **Chemistry Connections to Our Changing World:** take both: CHE \_\_1101 (3 cr.)+1110 (1 cr.) and \_\_1102 (3 cr.)+1120 (1 cr.)

\* **Chemistry of Life:** take both: CHE \_\_1051 (3 cr.)+1053 (1 cr.) and \_\_1052 (3 cr.)+1054 (1 cr.)

**Global Environmental Change:** choose 2: \_\_BIO 1103 (4 cr.), \_\_GHY 1011 (4 cr.), \_\_GHY 1012 (4 cr.), \_\_GES 1103 (4 cr.), \_\_GES 1104 (4 cr.)

\* **How Things Work:** take both: PHY \_\_1121 (3 cr.)+1111 (1 cr.) and \_\_1122 (3 cr.)+1112 (1 cr.)

**Life, Earth, and Evolution:** take both: \_\_ANT 1430 (4 cr.) and \_\_GES 1102 (4 cr.)

\* **The Physics of Our Technological World:** take both: PHY \_\_1123 (3 cr.)+1113 (1 cr.) and \_\_1124 (3 cr.)+1114 (1 cr.)

**Physics of Self Expression:** choose 2: PHY \_\_1121 (3 cr.)+1111 (1 cr.), \_\_1812 (4 cr.), and \_\_1814 (4 cr.)

\* **Physics with Calculus:** take both: PHY \_\_1170 (4 cr.)+1160 (1 cr.) and \_\_1180 (4 cr.)+1161 (1 cr.)

**Restless Planet: Earth, Environment and Evolution:** choose 2: GES \_\_1101 (4 cr.), \_\_1102 (4 cr.), and \_\_1103 (4 cr.)

\* **Voyages Through the Cosmos:** take both: AST \_\_1021 (3 cr.)+1011 (1 cr.) and \_\_1022 (3 cr.)+1012 (1 cr.)

**NOTE:** A 1 credit lab option **may** be available for students who have transferred in a 3 credit science lecture course. Please contact the Office of General and Experiential Education at (828) 262-2139 or [gened@appstate.edu](mailto:gened@appstate.edu) for more information.

**DESIGNATIONS (3 credits of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:**

\_\_\_ Fine Arts (FA),                    \_\_\_ Historical Studies (HS),                    \_\_\_ Literary Studies (LS),                    \_\_\_ Social Science (SS)

**INTEGRATIVE LEARNING EXPERIENCE: Complete 9 credits from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.” All courses are 3 credits.**

- American Culture: Past and Present:** \_\_\_ANT 2235 (SS), \_\_\_COM 3130, \_\_\_ENG 2120 (LS), \_\_\_GHY 3016 (SS), \_\_\_HIS 2525 (HS), \_\_\_HIS/REL 3110, \_\_\_IDS 2000, \_\_\_S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land:** \_\_\_A S/MUS 2016 (FA), \_\_\_A S 2200 (LS), \_\_\_A S/GES 2301, \_\_\_A S 2411 (SS), \_\_\_A S 3000, \_\_\_HIS 3726 (HS), \_\_\_SOC 3710 (SS)
- Cultivating Creative Expression:** \_\_\_ART 2022 (FA), \_\_\_ENG 2360 (LS), \_\_\_MUS 2022 (FA), \_\_\_THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions:** \_\_\_WRC 2201 (LS), \_\_\_WRC 2202 (HS), \_\_\_WRC 3000 (SS), \_\_\_WRC 3203 (FA)
- Expressions of Culture:** \_\_\_COM 2124 (SS), \_\_\_DAN 2020 (FA), \_\_\_DAN 2030 (FA), \_\_\_HIS/IDS 3340 (HS), \_\_\_LLC 2050, \_\_\_THR 2020 (FA)
- From Empire to Globalization:** \_\_\_ANT 1415 (SS), \_\_\_ANT 2340 (SS), \_\_\_ENG 2040 (LS), \_\_\_GWS 2525, \_\_\_GHY 3017 (SS), \_\_\_GLS 2000, \_\_\_HIS 1400 (HS), \_\_\_P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge:** \_\_\_ANT 1420 (SS), \_\_\_ANT 1425 (SS), \_\_\_GHY 3005 (SS), \_\_\_GES 1842, \_\_\_HIS 2312 (HS), \_\_\_HIS 2320 (HS), \_\_\_LLC 2045 (LS), \_\_\_PLN 3730 (SS)
- How We Tell Stories:** \_\_\_ENG 2170, \_\_\_IDS 2211, \_\_\_LLC 2025 (LS), \_\_\_MTL 2010, \_\_\_PHL 1502, \_\_\_REL 2020 (LS), \_\_\_THR 2005 (FA), \_\_\_THR 3640 (FA)
- The Human-Animal Bond:** \_\_\_ENG 2430 (LS), \_\_\_ENG/S D 3715 (LS), \_\_\_GHY 2200 (SS), \_\_\_GLS 3580, \_\_\_HIS 2150 (HS), \_\_\_PHL 2010, \_\_\_WRC 2100
- Imagination, Innovation, and Meaning:** \_\_\_ANT 2440 (SS), \_\_\_DAN 2010 (FA), \_\_\_HIS 1110 (HS), \_\_\_MUS 2018 (FA), \_\_\_PHL 2013, \_\_\_THR 2010 (FA)
- Intersections: Race, Class, and Gender:** \_\_\_ANT 2420 (SS), \_\_\_ENG 2130 (LS), \_\_\_GWS 2421, \_\_\_MUS 2023 (FA), \_\_\_PHL 3050, \_\_\_P S 3410, \_\_\_SOC 2050 (SS), \_\_\_S W 2615
- Las Américas:** \_\_\_ANT 2300 (SS), \_\_\_GHY 3014 (SS), \_\_\_GLS 3020 (HS), \_\_\_HIS 2301 (HS), \_\_\_HIS 2302 (HS), \_\_\_LLC 2040 (LS), \_\_\_REL 3100
- Revolutions: Social and Political:** \_\_\_ART 2019 (FA), \_\_\_GHY 2700 (SS), \_\_\_HIS 1501 (HS), \_\_\_HIS 2340 (HS), \_\_\_MUS 2015 (FA), \_\_\_PHL 3030, \_\_\_SOC 1100 (SS), \_\_\_THR 2017 (FA)
- Social Relations Across Contexts:** \_\_\_COM 2121, \_\_\_GHY 3230 (SS), \_\_\_HIS 1120 (HS), \_\_\_PSY 2100, \_\_\_PSY 2213 (SS), \_\_\_SOC 1110 (SS)
- Sustainability and Global Resources:** \_\_\_FCS 2110, \_\_\_FER 1000, \_\_\_GHY 1010, \_\_\_IDS 3010, \_\_\_PHL 2015, \_\_\_PHY 1830, \_\_\_S D 2400 (SS), \_\_\_TEC 2029 (SS)
- War and Peace:** \_\_\_ANT 2222 (SS), \_\_\_GLS/JHP 2350, \_\_\_HIS/JHP 2300, \_\_\_HIS 3158 (HS), \_\_\_HIS 3823 (HS), \_\_\_P S 4225 (SS), \_\_\_REL 3170, \_\_\_SOC 3800 (SS)

**LIBERAL STUDIES EXPERIENCE: Complete 12 credits from at least three discipline prefixes. Unless otherwise indicated, all courses are 3 credits.**

- Anthropology (ANT):** \_\_\_2100 (SS), \_\_\_2400 (SS), \_\_\_2430 (SS), \_\_\_2700 (SS), \_\_\_2800 (SS)
- Appalachian Studies (A S):** \_\_\_2020, \_\_\_2025
- Apparel Design and Merchandising (ADM):** \_\_\_1000 (SS)
- Arabic (ARB):** \_\_\_1050
- Art (ART):** \_\_\_2011 (FA), \_\_\_2016 (FA)
- Art History (ARH):** \_\_\_2030 (FA), \_\_\_2130 (FA)
- Astronomy (AST):** \_\_\_1050
- Career and Technical Education (CTE):** \_\_\_1590
- Chinese (CHN):** \_\_\_1050
- Commercial Photography (PHO):** \_\_\_2032
- Communication (COM):** \_\_\_2105, \_\_\_3300, \_\_\_3315
- Criminal Justice (C J):** \_\_\_3450 (SS)
- Curriculum & Instruction (C I):** \_\_\_C I/R M 2000
- Dance (DAN):** \_\_\_1431 (FA), \_\_\_2800 (FA), \_\_\_3430 (FA), \_\_\_3435 (FA), \_\_\_3445 (FA)
- Economics (ECO):** \_\_\_2030 (SS), \_\_\_2040 (SS), \_\_\_2620 (SS)
- English (ENG):** \_\_\_1500, \_\_\_2030 (LS), \_\_\_2050 (LS), \_\_\_2060 (LS), \_\_\_2070 (LS), \_\_\_2080, \_\_\_2090, \_\_\_2175, \_\_\_2190 (LS), \_\_\_2350 (LS), \_\_\_ENG/JHP 3712 (LS)
- Family & Child Studies (FCS):** \_\_\_2103 (SS), \_\_\_2111
- Fermentation Sciences (FER):** \_\_\_2200
- Finance (FIN):** \_\_\_2860
- French (FRE):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- Gender, Women’s, and Sexuality Studies (GWS):** \_\_\_2600
- Geography (GHY):** \_\_\_1020 (SS), \_\_\_1040 (SS), \_\_\_2300 (SS), \_\_\_3013 (SS)
- German (GER):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- History (HIS):** \_\_\_1101 (HS), \_\_\_1102 (HS), \_\_\_1130, \_\_\_1200 (HS), \_\_\_1700, \_\_\_HIS/WRC 3210, \_\_\_3350 (HS), \_\_\_3728 (HS)
- Honors College (HON) (restricted to HON students):** \_\_\_2515, \_\_\_3515
- Industrial Design (IND):** \_\_\_1401 (FA)
- Interdisciplinary Studies (IDS):** \_\_\_3025, \_\_\_3250
- Interior Design (INT):** \_\_\_1300 (FA)
- Japanese (JPN):** \_\_\_1050
- Languages, Literatures, and Cultures (LLC):** \_\_\_2060 (LS), \_\_\_3430 (LS)
- Latin (LAT):** \_\_\_1050
- Management (MGT):** \_\_\_2030 (SS)
- Music (MUS):** \_\_\_2011 (FA), \_\_\_2014 (FA), \_\_\_2017 (FA)\*\*, \_\_\_2025 (FA), \_\_\_2052, \_\_\_2611 (HS) (2 cr.), \_\_\_2612 (HS) (2 cr.), \_\_\_2613, \_\_\_3611 (HS) (2 cr.)
- Nutrition (NUT):** \_\_\_2351 (SS)
- Philosophy (PHL):** \_\_\_1000, \_\_\_1040, \_\_\_1100, \_\_\_1501, \_\_\_1503, \_\_\_2000, \_\_\_3000 (HS), \_\_\_3010, \_\_\_3013, \_\_\_3015, \_\_\_3020, \_\_\_3040, \_\_\_3060, \_\_\_3200 (HS), \_\_\_3550, \_\_\_3600
- Physics (PHY):** \_\_\_1600, \_\_\_2220
- Planning (PLN):** \_\_\_2410 (SS)
- Political Science (P S):** \_\_\_1100 (SS), \_\_\_1200 (SS), \_\_\_2130 (SS)
- Portuguese (POR):** \_\_\_1050
- Psychology (PSY):** \_\_\_1200 (SS), \_\_\_3010
- Public Health (P H):** \_\_\_2000 (SS)
- Recreation Management (R M):** \_\_\_R M/C I 2000, \_\_\_2100 (SS), \_\_\_2140 (HS)
- Religious Studies (REL):** \_\_\_1010 (LS), \_\_\_1100 (SS), \_\_\_1110 (SS), \_\_\_1120, \_\_\_2010 (LS), \_\_\_2030 (LS), \_\_\_REL/JHP 2110 (HS), \_\_\_2120 (HS), \_\_\_2130 (HS), \_\_\_2140 (HS), \_\_\_2150 (HS), \_\_\_2180, \_\_\_2210 (HS), \_\_\_2220 (HS), \_\_\_2300, \_\_\_3160 (HS), \_\_\_3710 (SS), \_\_\_3735 (LS), \_\_\_3750 (SS)
- Russian (RSN):** \_\_\_1050
- Sociology (SOC):** \_\_\_1000 (SS), \_\_\_2020 (SS), \_\_\_2850 (SS), \_\_\_3100 (SS)
- Somatic Sustainability (SSU):** \_\_\_2460
- Spanish (SNH):** \_\_\_1050 OR \_\_\_1060 (3 of 6 s.h. count in General Education)
- Sustainable Development (S D):** \_\_\_2800 (SS)
- Technology (TEC):** \_\_\_2601
- Theatre (THR):** \_\_\_2025 (FA)\*\*, \_\_\_2030 (FA), \_\_\_2300 (FA), \_\_\_2610 (FA), \_\_\_3730 (FA)
- University College (UCO):** \_\_\_2552
- Watauga Residential College (WRC):** \_\_\_1104 (LS) (6 cr.) (Restricted to WRC students), \_\_\_2403 (LS), \_\_\_2405, \_\_\_WRC/HIS 3210, \_\_\_3401 (LS), \_\_\_3403 (FA), \_\_\_3665 (LS)

\*\*A student may use either MUS 2017 or THR 2025, but not both, to meet General Education requirements.