FIRST YEAR SEMINAR

- _UCO 1200 (HUM 220) or HON 1515 or WRC 1103 (3 of 6 s.h. will count here)
- _UCO MET* (0.5 s.h.)

*open to students who: 1. Graduated from high school at least one year prior to entering Appstate, 2. Are classified as transfer students by Admissions, AND 3. Have earned at least 30 transferable hours at one or more postsecondary institutions prior to entering Appstate. Credit by exam, university placement exam, or _UCO MET* (0 s.h.)

MAJOR REQUIREMENTS (hours count in major requirements)

- _R C 1000 (ENG 111) or LLC 1000 or WRC 1103 (3 of 6 s.h. will count here)
- _R C 2001 (ENG 112/114) or WRC 2001

MAJOR REQUIREMENTS (hours count in major requirements)

- _Junior Writing in the Discipline (*WID on major program of study)
- _Senior Capstone Experience (*CAP on major program of study)

DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:

- _Fine Arts (FA)
- _Historical Studies (HS)
- _Literary Studies (LS)
- _Social Science (SS)

SCIENCE INQUIRY requires 8 semester hours from one theme. Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

SCIENCE INQUIRY (8 s.h. from one theme)

- *Biology in Society: _BIO 1201, _BIO 1202, AND _BIO 1203 (BIO 110/111 and 112/140+A)
- *The Blue Planet: _GES 1104, _GES 1105, _GES elec (GEL 220)
- *Chemistry Connections to Our Changing World: _CHE 1101/1102 (CHEM 151) AND _CHE 1102/1103 (CHEM 152)
- *Global Environmental Change: _GES 1103, _CHE elec (CHEM 115+A/130+A/133+A/135/136) AND _ENV elec (ENV 110+A)
- *Physics of Self Expression: _PHY 1101, _PHY 1102
- *Physics with Calculus: _PHY 1150, _PHY 1102
- *Restless Planet: Earth, Environment and Evolution: _GES 1110 (GES 110), _GES 1112 (GES 131), _GES 1103 (GES 230)
- *Voyages Through the Cosmos: _AST 1001 (AST 151+A) AND _AST 1002 (AST 151+A/152+A)

INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exception s of "Appalachian Mountains: Community, Culture, and Land" and "Experiencing Inquiry: How to Ask Questions."

SCIENCE INQUIRY requires 8 semester hours from one theme. Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

SCIENCE INQUIRY (8 s.h. from one theme)

- *American Culture: Past and Present: _ANT 2235 (SS), _COM 3130, _ENG 2120 (ENG 273), _GHY 3016 (SS), _HIS 2525 (HS), _IDS 2000, _REL 3110 (REL 221), _S W 2020 (SS)
- *Appalachian Mountains: Community, Culture, and Land: _A S/MUS 2016 (FA), _A S 2200 (LS), _A S/GES 2301, _A S 2411 (SS) (HUM 123), _A S 3000, _HIS 3726 (HS), _HIS elec (HS), _SOC 3710 (SS)
- *Cultivating Creative Expression: _ART 2022 (FA), _ENG 2360 (LS), _MUS 2022 (FA), _THR 2022 (FA)
- *Experiencing Inquiry: How to Ask Questions: _WRC 2201 (LS), _WRC 2202 (HS), _WRC 3000 (SS), _WRC 3203 (FA)
- *Expressions of Culture: _COM 2112 (SS) (COM 140), _DAN 2020 (FA), _DAN 2030 (FA), _HIS/IDS 3340 (HS), _LLC 2050, _THR 2020 (FA)
- _From Empire to Globalization: _ANT 1415 (SS) (ANT 210/220/221), _ANT 2340 (SS), _ENG 2400 (LS) (ENG 252/262/266), _GWS 2525, _GHY 3017 (SS), _GLS 2000, _HIS 1400 (HS), _P S 2120 (POL 220)
- _How We Know What We Know About the Past: Method, Evidence, Knowledge: _ANT 1420 (SS) (ANT 240), _ANT 1425 (SS), _GHY 3005 (SS), _GES 1842, _HIS 2312 (HS) (HIS 211), _HIS 2321 (HS), _LAT elec (LAT 141), _LAT elec (LAT 142), _LLC 2045 (LS), _PLN 3730 (SS)
- _The Human-Animal Bond: _ENG 2430 (LS), _ENG/S 3715 (LS), _GLS 3580, _HIS 2150 (HS), _HIS 2320 (HS), _P H elec, _WRC 2100
- _Intersections: Race, Class, and Gender: _ANT 2420 (SS), _ENG 2130 (LS), _GWS 2421, _IDS elec (HUM 150), _MUS 2023 (FA), _P H elec (P H 3410), _SOC 2050 (SS), _SOC elec (SS) (SOC 225/230), _S W 2615
- _Latin America: _ANT 2300 (SS), _GHY 3014 (SS), _GLS 3020 (HS), _HIS 2301 (HS), _HIS 2302 (HS), _HIS elec (HS) (HIS 151), _LLC 2040 (LS), _REL 3010, _WRC 2400 (FA)
- _Revolutions and Social and Political: _ANT 2019 (FA), _HIS 1501 (HS) (HIS 237/271), _HIS 2340 (HS), _MUS 2015 (FA) (MUS 210), _P HLE 3030, _SOC 1100 (SS) (SOC 220), _THR 2017 (FA)
- _Social Relations Across Contexts: _COM 2121 (COM 120), _GHY 3230 (SS), _HIS 1120 (HS) (HIS 145/162), _PLN 3040 (SS), _PSY 2100, _PSY 2213 (SS) (PSY 237/SOC 240), _SOC 1110 (SS) (SOC 213)
- _Sustainability and Global Resources: _FCS 2110, _FER 1000, _GHY 1010 (GEO 130), _GHY elec (SS) (GEO 110), _IDS 3010, _P HLE 2015, _PSY 1830, _S D 2400, _TEC 2029 (SS) (HUM 110)
- _War and Peace: _ANT 2222 (SS), _GLS/JHP 2350, _HIS/JHP 2300, _HIS 3158 (HS), _HIS 3823 (HS), _HIS elec (HS) (HIS 226/275), _HIS elec (HUM 170), _P S 4225 (SS), _REL 3270, _SOC 3800 (SS)
LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

- Anthropology (ANT): _2100 (SS), _2400 (SS), _2430 (SS), _2700 (SS), _2800 (SS)
- Appalachian Studies (A S): _2020, _2025
- Apparel Design and Merchandising (ADM): _1000 (SS)
- Arabic (ARB): _1050 (ARA 212)
- Art (ART): _2011 (FA) (ART 111), _2016 (FA), __ART elec (FA) (ART 116/117/118)
- Art History (ARH): _2030 (FA) (ART 114), _2130 (FA) (ART 115)
- Astronomy (AST): _1050
- Business (BUS): __BUS elec (BUS 240)
- Career and Technical Education (CTE): _1590
- Chinese (CHN): _1050 (CHI 212)
- Commercial Photography (PHO): _2032 (ART 260/PHO 113)
- Communication (COM): _2105 (COM 231), _3300, _3315
- Criminal Justice (C J): _3450 (SS)
- Curriculum & Instruction (C I): _C I/R M 2000
- Dance (DAN): _1431 (FA), _2800 (FA), _3430 (FA) (DAN 211), _3435 (FA), _3445 (FA), __DAN elec (FA) (DAN 212)
- Economics (ECO): _2030 (SS) (ECO 251), _2040 (SS) (ECO 252), _2620 (SS)
- Family and Child Studies (FCS): _2103 (SS) (PSY 110), _2111
- Finance (FIN): _2860
- French (FRE): _1050 (FRE 212), _1060 (3 of 6 s.h. count in General Education), __FRE elec (FRE 141/161)
- Gender, Women’s, and Sexuality Studies (GWS): __2000
- Geography (GHY): _1020 (SS) (GEO 111), _1040 (SS) (GEO 112), _3013 (SS), __GHY elec (SS) (GEO 113)
- German (GER): _1050 (GER 212), _1060 (3 of 6 s.h. count in General Education), __GER elec (GER 141/161)
- History (HIS): _1101 (HS) (HIS 111/121), _1102 (HS) (HIS 112/122), _1130, _1200 (HS) (HIS 131/132), _1700, __HIS/WRC 3210, __3350 (HS), __3728 (HS), __HIS elec (HS) (HIS 234/236)
- Honors College (HON): __2515, __3515
- Industrial Design (IND): _1401 (FA)
- Interdisciplinary Studies (IDS): _3025, _3250
- Interior Design (INT): _1300 (FA)
- Japanese (JPN): _1050 (JPN 212)
- Judaic, Holocaust, and Peace Studies (JHP): __JHP/REL 2110 (HS), __JHP/ENG 3712 (LS)
- Languages, Literatures, and Cultures (LLC): _LLC/WRC 2030, _3430 (LS), __LLC elec (ITA 212)
- Latin (LAT): _1050 (LAT 212), _1060 elec (LAT 232)
- Music (MUS): _2011 (FA) (MUS 110), _2014 (FA) (MUS 112), _2017 (FA)** (MUS 212/213), _2025 (FA), _2052, _2611 (HS) (2 s.h.) (MUS 271), _2612 (HS) (2 s.h.) (MUS 272), _2613, _2616 (FA), _3611 (HS) (2 s.h.), __MUS elec (FA) (MUS 113)
- NC/CCS Humanities: __ELE cred (HUM 120/121/122/140/145/180/211/212/225/240)
- Nutrition (NUT): _2351 (SS)
- Philosophy (PHL): _1000 (PHI 210/215), _1100 (PHI 230), _1501, _1503, _2000 (PHI 240), _3000 (HS), _3013, _3015, _3202, _3200 (HS), _3550, _3600, __PHL elec (PHI 220/221)
- Physics (PHY): _1600
- Planning (PLN): _2410 (SS)
- Political Science (P S): __1100 (SS) (POL 120), __1200 (SS), __2130 (SS) (POL 130), __P S elec (SS) (POL 110)
- Portuguese (POR): _1050 (POR 212), _1060 elec (POR 141)
- Psychology (PSY): _1200 (SS) (PSY 150), _3010
- Public Health (P H): _2000 (SS)
- Recreation Management (R M): __R M/C I 2000, __2100 (SS), __2140 (HS)
- Religious Studies (REL): _1010 (LS), _1100 (SS), _1110 (REL 110), _1120, _2010 (LS) (REL 211), _2030 (LS), __REL/JHP 2110 (HS), __2120 (HS), __2130, __2150 (HS), _2180, __REL elec (REL 111/112)
- Russian (RNS): _1050 (RUS 212)
- Sociology (SOC): _1000 (SS) (SOC 210), _2020 (SS) (SOC 242), _2850 (SS) (SOC 234), _3100 (SS), __SOC elec (SS) (SOC 232/244/252/254)
- Somatic Sustainability (SSU): _2460
- Spanish (SNH): _1050 (SPA 212) or _1060 (3 of 6 s.h. count in General Education), __SNH elec (SPA 141/161)
- Technology (TEC): _2601 (ALT 120/SST 110)
- Theatre (THR): _2025 (FA)**, _2030 (FA), _2300 (FA), _2610 (FA) (DRA 122), _3730 (FA) (DRA 211), __THR elec (FA) (DRA 212)
- Watauga Residential College (WRC): _1104 (6 s.h.) (This course is available only to Watauga Residential College students), __WRC/LLC 2030, __WRC/IDS 2204, __2403 (LS), __WRC/HIS 3210, __3401 (LS), __3403 (FA), _3665 (LS)

**A student may use either MUS 2017 or THR 2025, but not both, to meet General Education requirements.