

TRANSFER GUIDE/BDP

BS, Nutrition & Foods, Dietetics, 840B
Appalachian State University
2021-2022

[Department of Nutrition & Healthcare Management](#)
[Beaver College of Health Sciences](#)
[Program of Study](#)

HOW-TO Use the Transfer Guide/BDP

The Transfer Guides/BDPs have three sections:

1. The NC Community College courses are listed in the top yellow section. Recommended and/or preferred courses are provided, with the equivalent Appalachian courses listed. If a specific course is not listed, students should use the blue hyperlink to access the [Comprehensive Articulation Agreement transfer course list](#). Students are welcome to choose any CAA course; however, students should choose courses that are available at their institution and satisfy their transfer degree requirements.
2. Appalachian courses are listed in the middle gray section. Once at Appalachian, students will work with an advisor to develop an individual graduation plan.
3. Important transfer and major information is listed in the bottom white sections. Students should refer to these sections for information regarding program requirements and other important information the department would like students to be aware of.

Please note - Transfer Guides/BDPs are developed based on the approved curriculum for that catalog year. Depending on term of entry and the curriculum posted for that catalog year, programs of study may have changed.

Community College Coursework: 63 Transfer hours		Associate in Arts				
Semester	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes	
Semester 1: 15 hours	ENG 111	Writing & Inquiry	3	RC 1000		
	MAT 152	Statistics	4	STT 2820	Required for the major	
	PSY 150	General Psychology	3	PSY 1200	Required for the major	
	BIO 111	General Biology I	4	BIO 1801	Required for the major	
	ACA 122	College Transfer Success	1			
		Semester hours		15		
Semester 2: 16 hours	ENG 112	Writing/Research in the Disciplines	3	RC 2001		
	CHM 151	General Chemistry I	4	CHE 1101/1110	Required for major	
	UGETC	Social/Behavioral Science	3			
	UGETC	Social/Behavioral Science	3			
	UGETC	Humanity/Fine Arts	3			
		Semester hours		16		
Semester 3: 18 hours	CHM 152	General Chemistry II	4	CHE 1102/1120	Required for the major	
	ACC 120	Accounting	4	ACC 2100	Required for the major	
	BIO 155 OR NUT 110	Nutrition	3	NUT 2202	Required for the major	
	BIO 168	Anatomy & Physiology I	4	ES 2040	Required for the major	
	UGETC	Humanity/Fine Arts	3			
		Semester hours		18		
Semester 4: 14 hours	BIO 275	Microbiology	4	BIO 2200	Required for the major	
	BIO 169	Anatomy & Physiology II	4	ES 2050	Required for the major	
	UGTEC	Humanity/Fine Art	3			
	Pre-Major/GEC Elective		3			
		Semester hours		14		
		Total AA degree hours		63		

Appalachian Course Work: 73 hours				
Semester 5: 13 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 1202	Basic Foods	3	
	CHE 2101/2102	Fundamentals of Organic Chemistry	4	
	NUT 2202	Nutrition	3	If taken at community college, take free elective
	NUT 2210	Introduction to the Profession	1	
	NUT 3205	Nutrition & the Life Cycle	2	
		Semester hours	13	
Semester 6: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 2203	Organization & Management in Food Services	3	
	NUT 3100	Nutritional Assessment	3	Offered spring semester only
	Free Elective		3	
	Free Elective		3	
			Semester hours	12
Semester 7: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 3300	Nutrition Education	2	
	NUT 3400	Cultural Foods	3	
	NUT 4504	Food systems Management	3	
	Free Elective		3	
	Free Elective		1	
		Semester hours	12	
Semester 8: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4509	Quality Food Production	3	
	NUT 4200	Advanced Nutrition I	3	Offered spring/summer semester only
	NUT 4552	Medical Terminology/Records	1	Offered spring/summer semester only
	Free Elective		3	
	Free Elective		2	
		Semester hours	12	
Semester 9: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4000	Nutrition Counseling	3	Offered fall semester only
	NUT 4240	Medical Nutrition Therapy I	3	Offered fall semester only
	NUT 4206	Advanced Nutrition II	3	Offered fall semester only
	NUT 4600	Professional Development	1	Offered fall semester only
	Free Elective		2	
		Semester Hours	12	
Semester 10: 14 Hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4250	Medical Nutrition Therapy II	3	Offered spring semester only
	NUT 4560	Community Nutrition	3	Offered spring semester only
	NUT 4900	Internship	4	Capstone
	Free Elective		2	
			Semester Hours	12
		Total Appalachian hours	73	

Applying to Appalachian:

- A minimum cumulative GPA of 2.25, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an on-line application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

Transfer Information:

- If an AA degree is completed, students can expect another 3 years to complete their BS degree.
- Students planning to become a Registered Dietitian should complete all requirements, as outlined on the Nutrition and Foods website, found [here](#).

Transfer Resources:

Online & Transfer Services transfer.appstate.edu
Office of Admissions admissions.appstate.edu
Office of Financial Aid financialaid.appstate.edu
Scholarships scholarships.appstate.edu
Career Development careers.appstate.edu
University Housing housing.appstate.edu
Off-Campus Housing offcampushousing.appstate.edu
Campus Activities campusactivities.appstate.edu
BCHS Advising healthsciences.appstate.edu/students

