

TRANSFER GUIDE/BDP

BS, Nutrition & Foods, Nutrition & Wellness
Appalachian State University
2021-2022

[Department of Nutrition & Healthcare Management](#)
[Beaver College of Health Sciences](#)
[Program of Study](#)

HOW-TO Use the Transfer Guide/BDP

The Transfer Guides/BDPs have three sections:

1. The NC Community College courses are listed in the top yellow section. Recommended and/or preferred courses are provided, with the equivalent Appalachian courses listed. If a specific course is not listed, students should use the blue hyperlink to access the [Comprehensive Articulation Agreement transfer course list](#). Students are welcome to choose any CAA course; however, students should choose courses that are available at their institution and satisfy their transfer degree requirements.
2. Appalachian courses are listed in the middle gray section. Once at Appalachian, students will work with an advisor to develop an individual graduation plan.
3. Important transfer and major information is listed in the bottom white sections. Students should refer to these sections for information regarding program requirements and other important information the department would like students to be aware of.

Please note - Transfer Guides/BDPs are developed based on the approved curriculum for that catalog year. Depending on term of entry and the curriculum posted for that catalog year, programs of study may have changed.

Community College Coursework: 62 Transfer hours		Associate in Arts			
Semester 1: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 111	Writing & Inquiry	3	RC 1000	
	MAT 152	Statistics	4	STT 2820	Required for the major
	PSY 150	General Psychology	3	PSY 1200	Required for the major
	BIO 111	General Biology I	4	BIO 1801	Required for the major
	ACA 122	College Transfer Success	1		
		Semester hours	15		
Semester 2: 16 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 112	Writing/Research in the Disciplines	3	RC 2001	
	CHM 151	General Chemistry I	4	CHE 1101/1110	Required for major
	UGETC	Social/Behavioral Science	3		
	UGETC	Social/Behavioral Science	3		
	UGETC	Humanity/Fine Arts	3		
		Semester hours	16		
Semester 3: 18 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	CHM 152	General Chemistry II	4	CHE 1102/1120	Required for the major
	ACC 120	Accounting	4	ACC 2100	Required for the major
	BIO 155 OR NUT 110	Nutrition	3	NUT 2202	Required for the major
	BIO 168	Anatomy & Physiology I	4	ES 2040	Required for the major
	UGETC	Humanity/Fine Arts	3		
		Semester hours	18		
Semester 4: 13 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	BIO 275	Microbiology	4	BIO 2200	Required for the major
	UGTEC	Humanity/Fine Art	3		
	Pre-Major/GEC Elective		3		
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		Semester hours	13		
		Total AA degree hours	62		

Appalachian Course Work: 60 hours				
Semester 5: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 1202	Basic Foods	3	
	NUT 2201	Foods & Nutrition for Children	3	
	NUT 2202	Nutrition	3	If taken at community college, take free elective
	NUT 2210	Introduction to the Profession	1	
	NUT 3205	Nutrition & the Life Cycle	2	
	Semester hours		12	
Semester 6: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 2203	Organization & Management in Food Services	3	
	NUT 2351	Global Nutrition	3	
	NUT 3120	Intermediate Nutrition	3	Writing in the Discipline
	Minor Course		3	
	Semester hours		12	
Semester 7: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 3300	Nutrition Education	2	
	NUT 3400	Cultural Foods	3	
	NUT 4504	Food systems Management	3	
	Minor Course		3	
	Minor Course		1	
	Semester hours		12	
Semester 8: 12 hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4509	Quality Food Production	3	
	NUT 4300	Effective Rural Practices for Health Professions	3	
	NUT 4552	Medical Terminology/Records	1	Offered spring/summer semester only
	NUT 4560	Community Nutrition	3	Offered spring/summer semester only
	Minor Course		2	
	Semester hours		12	
Semester 9: 12 Hours	Appalachian Course	Course Name	Hours	Notes
	NUT 4600	Professional Development	1	
	NUT 4900	Internship	8	Capstone
	Minor Course		3	
	Semester Hours		12	
	Total Appalachian hours		60	

Applying to Appalachian:

- A minimum cumulative GPA of 2.25, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an on-line application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

Transfer Information:

- NUT and Wellness GPA requirements @ Appalachian: 2.5 cumulative GPA required to declare; 2.5 cumulative GPA required for retention; and 2.5 cumulative required 2.0 major GPA required for graduation.

Transfer Resources:

Transfer Admissions & Engagement

Office of Admissions
Office of Financial Aid
Scholarships
Career Development
University Housing
Off-Campus Housing
Campus Activities
BCHS Advising

transfer.appstate.edu
admissions.appstate.edu
financialaid.appstate.edu
scholarships.appstate.edu
careers.appstate.edu
housing.appstate.edu
offcampushousing.appstate.edu
campusactivities.appstate.edu
healthsciences.appstate.edu/students



Questions, please call Transfer Admissions & Engagement at 828-262-7877