



**Transfer Guide**  
**Appalachian State University:**  
**Health Sciences, BS**

**Delivery Method:** Fully Online & On-Campus  
**Contact:** Transfer Admissions & Engagement  
[transferadmissions@appstate.edu](mailto:transferadmissions@appstate.edu)

**Program Admissions Notes:**

**The Bachelor of Science in Health Sciences degree was designed for individuals who have earned an Associate of Applied Science (AAS) degree in a health-related field from an accredited North Carolina Community College. Certificates and diplomas are not eligible for Health Sciences.**

For more information about the program, please visit

<https://hcm.appstate.edu/academic-programs/bachelor-science-health-sciences>

Applicants should have a cumulative GPA of at least a 2.25 in all attempted college coursework. For complete transfer admission information and deadlines, please visit <https://admissions.appstate.edu/apply/transfer-student>

*\*Students with less than a 2.25 will be reviewed holistically. Please speak to your transfer admissions counselor or call the Transfer Admissions & Engagement office with questions.*

Foundations of American Democracy (FAD):

- FAD is a graduation requirement for all students entering any UNC institution on or after July 1, 2025, who are seeking a baccalaureate degree.
- Waiver: Students transferring to App State with 60+ college credit hours or an AA or AS degree will have the FAD requirement waived.
- Alternative Courses: If you plan to transfer to App State without meeting any of the above criteria, you can fulfill the FAD requirement by taking one of these courses at a North Carolina Community College: HIS 131, HIS 132, POL 120, or SOC 220.

Early College students are considered First Year students (not Transfers) and should apply using the Common App.

**College-Level Foreign Language Requirement:**

Foreign language classes are not required for this major.

### General Education Course Recommendations:

Students are strongly encouraged to choose their general education courses from the table below in order to maximize transfer credits. For further assistance with selecting courses that will transfer, students are encouraged to contact their [transfer admissions counselor](#).

Recommended CC Course	Credit Hours	University Equivalency	Associate Degree Requirement Fulfilled	University Requirement Fulfilled
ENG 111	3	R C 1000	English/Communication	Writing Across the Curriculum
ENG 112 Or ENG 114	3	R C 2001	English/Communication	Writing Across the Curriculum
MAT 152, MAT 171, Or MAT 172	4	STT 2820, MAT 1020, Or MAT 1025	Natural Sciences/Mathematics	Quantitative Literacy
ART 111 Or ART 114	3	ART 2011 Or ARH 2030	Humanities/Fine Arts	Fine Arts AND Sustainability and Climate Literacy
HIS 131 Or HIS 132	3	HIS 1200	Social/Behavioral Sciences	Foundations of American Democracy AND Historical Studies AND Humanities and Its Systems
PSY 150 Or SOC 210	3	PSY 1200 Or SOC 1000	Social/Behavioral Sciences	Humanity and Its Systems AND Social Science
PHI 240	3	PHL 2000	Humanities/Fine Arts	Humanity and Its Systems
ENG 261 Or ENG 262	3	ENG 2030 Or ENG 2040	Additional General Education	Intercultural Literacy AND Literary Studies

### Major-Specific Course Recommendations:

Transferring to Appalachian State University with a health-related Associate of Applied Science (AAS) degree enables students to apply up to 30 credit hours of major-specific technical or clinical coursework toward the Bachelor of Science in Health Sciences. These credits transfer as a block and fulfill the Allied Health Core requirement within the degree. Additional eligible technical or clinical coursework beyond the 30-credit block transfers as elective credit toward degree completion.

## Using Gap Semesters Strategically

Some students may experience a gap period while:

- Waiting for admission into a selective AAS program
- Maintaining enrollment prior to beginning clinical coursework

During these periods, students are strongly encouraged to complete transferable [General Education coursework](#) whenever possible. Completing Gen Ed requirements early may:

- Reduce time to degree completion after transfer
- Prevent excess elective coursework later
- Improve transfer readiness
- Allow students to focus more heavily on upper-division coursework after transfer

Students should work closely with their community college advisor and [App State transfer admissions counselor](#) to identify the most beneficial transferable coursework.

### Remaining Bachelor's Degree Requirements at University:

Students will still need to meet App State's [general education requirements](#) when they transfer to App State because they will not be fully met with the AAS degree.

Remaining bachelor's degree requirements will vary depending on the credits that are transferred to App State. Please work with your academic advisor to create a degree plan. Most full-time students will complete the degree in approximately 1.5 to 2 years. Please note that 30 hours of coursework (25% of hours) must be earned at Appalachian State.

University Course:	Credit Hours	University Course Notes:
Allied Health Core	30	The Allied Health Core includes 30 hours of health related courses with a grade of "C" (2.0) or better from an Associate in Applied Science (AAS) in a health related degree from a regionally accredited North Carolina Community College.
Health Sciences Core Courses	6	Select two courses (6 hours) from a focus area on the <a href="#">program of study</a>
Writing in the Discipline Course	3	Select one course from the list on the program of study

Other Related Areas	9	Select 3 courses (9 hours) from the list on the program of study
Elective Hours		Any Allied Health Core hours transferred in above the 30 credits will count in this section as needed. Required elective hours will vary depending on the number of General Education courses that count in the major, and any additional courses required in the major in order to earn 18 hours at Appalachian State and 15 hours at the 3000-level or above in the major.
General Education Courses Taken for the Major		Hours needed will vary.
H S 4950: Seminar in Health Care Management	3	CAPSTONE