

Universal General Education Transfer Component (UGETC)

English Composition (6 SCH)		The following <u>two</u> English composition courses are required.						
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes	
ENG 111	Expository Writing	3	None	RC 1000	3	Required		
ENG 112	Argument-Based Research	3	ENG 111	RC 2001	3	Required		
Total Credit Hours Required		6			6			

Humanities/Fine Arts (6 SCH)		Students will select <u>two</u> courses from at least two different disciplines:						
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes	
ART 111	Art Appreciation	3	None	ART 2011	3			
ART 114	Art History Survey I	3	None	ART 2030	3			
ART 115	Art History Survey II	3	None	ART 2130	3			
COM 231	Public Speaking	3	None	COM 2101	3			
ENG 231	American Literature I	3	ENG 112, 113 or 114	ENG 2350	3			
ENG 232	American Literature II	3	ENG 112, 113 or 114	ENG 2350	3			
MUS 110	Music Appreciation	3	None	MUS 2011	3			
MUS 112	Introduction to Jazz	3	None	MUS 2014	3			
PHI 215	Philosophical Issues	3	ENG 111	PHL Elective	3			
PHI 240	Introduction to Ethics	3	ENG 111	PHL 2000	3			
Total Credit Hours Required		6			9			

Social /Behavioral Science (6 SCH)		Students will select <u>two</u> courses from at least two different disciplines:						
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes	
ECO 251	Principles of Microeconomics	3	None	ECO 2030	3			
ECO 252	Principles of Macroeconomics	3	None	ECO 2040	3			
HIS 111	World Civilizations I	3	None	HIS 1101	3			
HIS 112	World Civilizations II	3	None	HIS 1102	3			
HIS 131	American History I	3	None	HIS 1200	3			
HIS 132	American History II	3	None	HIS 1200	3			
PSY 150	General Psychology	3	None	PSY 1200	3	Required		
POL 120	American Government	3	None	P S 1100	3			
SOC 210	Introduction to Sociology	3	None	SOC 1000	3			
Total Credit Hours Required		6			6			

Mathematics (8 SCH)		Students will select <u>two</u> course from the following:						
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes	
MAT 171	Precalculus Algebra	4	None	MAT 1020	4	Required		
MAT 172	Precalculus Trigonometry	4	MAT 171	GEP MAT	4			
MATH 263	Brief Calculus	4	MAT 171	MAT 1030	4			
MATH 271	Calculus I	4	MAT 172	MAT 1110	4			
Total Credit Hours Required		8			8			

Natural Sciences (8 SCH)		Students will select <u>8</u> SCH from the following courses:						
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes	
AST 151/151A	General Astronomy I and lab I	4	None	AST 1001	4			
BIO 110	Principles of Biology	4	None	BIO 1201/BIO 1204	4			
BIO 111	General Biology I	4	None	BIO 1201/BIO 1204	4		must take both BIO 111 and BIO 112	
BIO 112	General Biology II	4	BIO 111	BIO 1202/BIO 1205	4		must take both BIO 111 and BIO 112	
CHM 151	General Chemistry I	4	None	CHE 1101/CHE 1110	4	Required - See Notes	must take both CHM 151 and CHM 152	
CHM 152	General Chemistry II	4	CHM 151	CHE 1102/CHE 1120	4	Required - See Notes	must take both CHM 151 and CHM 152	
GEL 111	Introduction Geology	4	None	GLY 1101	4			
PHY 110/110A	Conceptual Physics and Lab	4	None	PHY 1100	4		must take course with lab	
PHY 151	College Physics I	4	MAT 171	PHY 1103	4		must take PHY 151 and PHY 152	
PHY 152	College Physics II	4	PHY 151	PHY 1104	4		must take PHY 151 and PHY 152	
PHY 251	General Physics I	4	MAT 271	PHY 1150	4		must take PHY 251 and PHY 252	
PHY 252	General Physics II	4	MAT 272 <i>and</i> PHY 251	PHY 1151	4		must take PHY 251 and PHY 252	
Total Credit Hours Required		8			8			

Total UGETC Hours		34			34		
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Additional General Education Courses (11-12 SHC) : These courses must classified as UGETC or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
BIO 111	General Biology I	4		BIO 1801	4	UGETC	Required by major
BIO 168	Anatomy & Physiology I	4		E S 2031	4	Elective	Required by major
PHY 151	College Physics I	4		PHY 1103	4	UGETC	Required by major

UGETC/GEC		3		3	UGETC/GEC	
Total Credit Hours Required		15		15		
Total General Education Hours Required		45		45		

Other REQUIRED HOURS (14-15 SHC): These courses must be classified as pre-major, elective or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
ACA 122	College Transfer Success	1	None		1	GEC	required by CAA
BIO 169	Anatomy & Physiology II	4	BIO 168	E S 2032	4	Pre-Major	Required by major
PHY 152	College Physics II	4	PHY 151	PHY 1104	4	UGETC	Required by major
NUT 110	Nutrition	4		NUT 2202	3	Elective	Required by major
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	

Other Required Hours (15-16 SCH)	16	16
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Total Semester Credit Hours in Program: 61

3rd - 4th Year Plan: Exercise Science, Clinical Exercise Physiology				
Semester	Course	Hours	Notes	
5	ES 2002 Introduction to Exercise Science	3	Major Requirement	16
5	NUT 2202 Nutrition	3	If taken at community college, take Free Elective	
5	ES 2005 Introduction to Physiological Assessment	3	Major Requirement	
5	ES 2020 Measurement and Evaluation in Exercise Science	3	Major Requirement	
5	ES 3002 Exercise Physiology	3	Major Requirement	
5	PE Activity Course (1700-1889)	1	Major Requirement	12
6	ES 3005 Advanced Physiological Assessment	3	Writing in the Discipline	
6	HP 3700	3	Major Requirement	
6	SOC 3100	3	Major Requirement	13
6	Clinical Elective	3	Major Requirement	
7	ES 3550 Introduction to Biomechanics	3	Major Requirement	
7	ES 4625 Concepts of Clinical Exercise Testing	3	Major Requirement	
7	ES 4645 Cardiopulmonary Pathophysiology and Rehabilitation	3	Major Requirement	21
7	Clinical Elective	3	Major Requirement	
7	PE Activity Course (1700-1889)	1		
8	ES 3900 Internship	12	If taken for 6 hours, 6 hours due in AT 1600, NUT 4552, HP 2100, 2200, 3200, PHY 4820, BIO 4563, OR ES 3500	62
8	ES 4555 Nutritional Aspects of Exercise Sports	3	Major Requirement	
8	ES 4635 Electrocardiographic Interpretation	3	Major Requirement	
8	ES 4660 Exercise Prescription and Chronic Disease Management	3	Major Requirement	
				61 transfer hours
				123 hours for graduation

Chemistry and Physics sequences are both required for this major.

Residency Requirements:

- 31 hours must be from ASU
- 18 hours in the major must be from ASU
- 9 hours in the minor must be from ASU
- Final 30 hours must be courses taken through ASU (includes internships, study abroad taken through ASU)