

Due to course sequencing, it is strongly recommended students transfer after completing 30 hours of UGETC courses.

Universal General Education Transfer Component (UGETC)

English Composition (6 SCH): Complete BOTH English courses							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ENG 111	Expository Writing	3	None	RC 1000	3	Required	
ENG 112	Argument-Based Research	3	ENG 111	RC 2001	3	Required	
Total Credit Hours Required		6			6		
Humanities/Fine Arts (9 SCH): Select 3 classes from at least two different disciplines							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ART 111	Art Appreciation	3	None	ART 2011	3		
ART 114	Art History Survey I	3	None	ART 2030	3		
ART 115	Art History Survey II	3	None	ART 2130	3		
COM 231	Public Speaking	3	None	COM 2105	3		
ENG 231	American Literature I	3	ENG 112, 113, 114	ENG 2350	3		
ENG 232	American Literature II	3	ENG 112, 113, 114	ENG 2350	3		
ENG 241	British Literature I	3	ENG 112, 113, 114	ENG 2050	3		
ENG 242	British Literature II	3	ENG 112, 113, 114	ENG 2050	3		
MUS 110	Music Appreciation	3	None	MUS 2011	3		
MUS 112	Introduction to Jazz	3	None	MUS 2014	3		
PHI 215	Philosophical Issues	3	ENG 111	PHL Elective	3		
PHI 240	Introduction to Ethics	3	ENG 111	PHL 2000	3		
Total Credit Hours Required		9			9		
Social /Behavioral Science (9 SCH): Select 3 classes from at least two different disciplines							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ECO 251	Principles of Microeconomics	3	None	ECO 2030	3		
ECO 252	Principles of Macroeconomics	3	None	ECO 2040	3		
HIS 111	World Civilizations I	3	None	HIS 1101	3		
HIS 112	World Civilizations II	3	None	HIS 1102	3		
HIS 131	American History I	3	None	HIS 1200	3		
HIS 132	American History II	3	None	HIS 1200	3		
PSY 150	General Psychology	3	None	PSY 1200	3		
POL 120	American Government	3	None	P S 1100	3		
SOC 210	Introduction to Sociology	3	None	SOC 1000	3		
Total Credit Hours Required		9			9		
Mathematics (3-4 SCH): Select 1 course							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
MAT 143	Quantitative Literacy	3	None	GEP MAT	3		
MAT 152	Statistical Methods I	4	None	STT 2820	4		
MAT 171	Precalculus Algebra	4	None	MAT 1020	4		
Total Credit Hours Required		4			4		
Natural Sciences (4 SCH): Select 1 course							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
AST 111/111A	Descriptive Astronomy I and Lab	4	None	AST 1002	4		
AST 151/151A	General Astronomy I and Lab I	4	None	AST 1001	4		
BIO 110	Principles of Biology	4	None	BIO 1201 & BIO 1204	4		
BIO 111	General Biology	4	None	BIO 1201 & BIO 1204	4		
CHM 151	General Chemistry I	4	None	CHE 1101 & CHE 1110	4		
GEL 111	Introduction Geology	4	None	GLY 1101	4		
PHY 110/110A	Conceptual Physics and Lab	4	None	PHY 1100	4		
Total Credit Hours Required		4			4		
Total UGETC Hours		32			32		

Additional General Education Courses (13-14 SHC)							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
UGETC/GEC		3			4	UGETC/GEC	
UGETC/GEC		3			3	UGETC/GEC	
UGETC/GEC		3			3	UGETC/GEC	
UGETC/GEC		3			3	UGETC/GEC	
					12		

Total General Education Hours Required 44 44

Other REQUIRED HOURS (15-16 SHC)							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
ACA 122	College Transfer Success	1	None		1	GEC	required by CAA
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	

Other Required Hours (15-16 SCH) 16 16

Total Semester Credit Hours in Program: 60

3rd - 4th Year Plan: Health and Physical Education							
Semester	Course	Hours	Notes				
SU	CI 2300 Teaching and Learning in the Digital Age	2	Required for admission to teacher education				
SU	FDN 2400 Critical Perspectives on Teaching and Learning	2	Required for admission to teacher education				
SU	PSY 3010 Psychology Applied to Teaching	3	Required for admission to teacher education				
5	HPE 2110 Introduction to Health, Physical Education and Coaching	3	Pro-Block I; Must successfully complete before taking Pro-Block II				
5	HPE 2120 Kinesiology	3	Pro-Block I; Must successfully complete before taking Pro-Block II				
5	HPE 2130 Motor Behavior	3	Pro-Block I; Must successfully complete before taking Pro-Block II				
5	Second Academic Concentration	3	Major Requirement				
5	Second Academic Concentration	3	Major Requirement				
6	HPE 3210 Community and School Health	3	Pro-Block II; Must successfully complete before taking Pro-Block III				
6	HPE 3220 Instructional Systems	3	Pro-Block II; Must successfully complete before taking Pro-Block III				
6	HPE 3230 Assessment in Health and Physical Education	3	Pro-Block II; Must successfully complete before taking Pro-Block III				
6	HPE 3240 Behavioral Health Education	3	Pro-Block II; Must successfully complete before taking Pro-Block III				
6	Second Academic Concentration	3	Major Requirement				
SU	CI 3400 Policies and Practices in Educational Assessment	2	Admission to teacher education required				
SU	SPE 3300 Creating Inclusive Learning Communities	3	Admission to teacher education required				
7	HPE 4310 Elementary Physical Education (WID)	3	Pro-Block III; Must successfully complete before taking Pro-Block IV				
7	HPE 4320 Nutrition and Health-related Fitness	3	Pro-Block III; Must successfully complete before taking Pro-Block IV				
7	HPE 4330 Sports and Activities I	3	Pro-Block III; Must successfully complete before taking Pro-Block IV				
7	HPE 4340 Sports and Activities II	3	Pro-Block III; Must successfully complete before taking Pro-Block IV				
7	HPE 4350 Sexuality and Sexual Health Education	3	Pro-Block III; Must successfully complete before taking Pro-Block IV				
8	HPE 4410 Adapted Physical Education	3	Pro-Block IV; Must successfully complete before starting student teaching				
8	HPE 4420 Physical Education Practicum	3	Pro-Block IV; Must successfully complete before starting student teaching				
8	HPE 4430 Physical Education Methods	3	Pro-Block IV; Must successfully complete before starting student teaching				
8	HPE 4440 Health Education Methods	3	Pro-Block IV; Must successfully complete before starting student teaching				
8	Second Academic Concentration	3	Major Requirement				
9	CI 4900 Student Teaching	12	CAPSTONE				
							84
							60 transfer hours
							144 hours for graduation

- Valid CPR & Emergency Care card must be presented to Student Services Center, 102 Edwin Duncan Hall, prior to graduation.
 - Praxis II Scores must be submitted to the College of Education prior to graduation.
 - Admission to Teacher Education is required for continuation in this program. Visit the Undergraduate Teacher Education Handbook at www.ced.appstate.edu for more information.
 - 2.7 cumulative Appalachian GPA required for admission to teacher education program
- Residency Requirements:**
- 31 hours must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU