BS, Health Promotions, 509A
Appalachian State University
College of Health Sciences
Department of Health and Exercise Science
Program of Study
2015-2016

Universal General Education Transfer Component (UGETC)

		Univer	sai General Ed	lucation Transfer Component (UGETC)			
English Composition (6 SC	CH)			The following two English composition courses are required.			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ENG 111	Expository Writing	3	None	RC 1000	3	Required	
ENG 112	Argument-Based Research	3	ENG 111	RC 2001	3	Required	
Total Credit Hours Requir	ired	6	•		6		
Humanities/Fine Arts (9 S	SCH)			Students will select three courses from at least two different disciple	lines:		
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ART 111	Art Appreciation	3	None	ART 2011	3		
ART 114	Art History Survey I	3	None	ART 2030	3		
ART 115	Art History Survey II	3	None	ART 2130	3		
COM 231	Public Speaking	3	None	COM 2101	3	Required	
ENG 231	American Literature I	3	ENG 112, 113, 114	ENG 2350	3	-	
ENG 232	American Literature II		ENG 112, 113, 114	ENG 2350	3		
MUS 110	Music Appreciation	3	None	MUS 2011	3		
MUS 112	Introduction to Jazz	3	None	MUS 2014	3		
PHI 215	Philosophical Issues	3	ENG 111	PHL Elective	3		
PHI 240	Introduction to Ethics		ENG 111	PHL 2000	3		
Total Credit Hours Requir		9			9		
Social /Behavioral Scienc	ce (9 SCH)			Students will select three courses from at least two different disciple	lines:		
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
ECO 251	Principles of Microeconomics		None	ECO 2030	3	· -	
ECO 252	Principles of Macroeconomics	3	None	ECO 2040	3		
HIS 111	World Civilizations I	3	None	HIS 1101	3		
HIS 112	World Civilizations II	3	None	HIS 1102	3		
HIS 131	American History I	3	None	HIS 1200	3		
HIS 132	American History II	3	None	HIS 1200	3		
PSY 150	General Psychology	3	None	PSY 1200	3		
POL 120	American Government	3	None	P S 1100	3		
SOC 210	Introduction to Sociology	3	None	SOC 1000	3	Required	
Total Credit Hours Requir		9		1	9		•
Mathematics (3-4 SCH)				Students will select one course from the following:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
MAT 143	Quantitative Literacy	3	None	MAT 1010	4		
MAT 152	Statistical Methods I	4	None	STT 2810	4	Preferred	Will substitute ST 2810 for HP 4100
MAT 171	Precalculus Algebra	4	None	MAT 1020	4		
Total Credit Hours Requir		4	l .	1	4		•
Natural Sciences (4 SCH)				Students will select 4 SCH from the following courses:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required or Preferred by Major	Notes
AST 111/111A	Descriptive Astronomy I and Lab	4	None	AST 1002	4		
AST 151/151A	General Astronomy I and lab I	4	None	AST 1001	4		
BIO 110	Principles of Biology	4	None	BIO 1201 & BIO 1204	4		
BIO 111	General Biology	4	None	BIO 1201 & BIO 1204	4	A Science sequence in either	
CHM 151	General Chemistry I	4	None	CHE 1101 & CHE 1110	4	Biology or Chemistry is required	
GEL 111	Introduction Geology	1	None	GLY 1101	1		
PHY 110/110A	Conceptual Physics and Lab		None	PHY 1100	4		
Total Credit Hours Requir		4		I ====	4		<u> </u>

Additional General Education Courses (13-14 SHC): These courses must be classified as UGETC or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
BIO 112 OR CHM 152	Biology or Chemistry II	4	BIO 111 OR CHM 151	BIO 1202/1205 OR CHE 1102/1120	4	UGETC	
SOC 213	Sociology of the Family	3		SOC 1110	3	GEC	Required for major
UGETC/GEC		3			3	UGETC/GEC	
UGETC/GEC		3			3	UGETC/GEC	

Total General Education Hours Required

45

45

Other REQUIRED HOURS (15-16 SHC): These courses must be classified as pre-major, elective or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
ACA 122	College Transfer Success	1	None		1	GEC	required by CAA
BIO 168	Anatomy & Physiology I	4		ES 2030	4	Pre-Major	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective		3			3	Pre-Major/GEC/Elective	
Pre-Major/GEC/Elective	_	2			3	Pre-Major/GEC/Elective	

Other Required Hours (15-16 SCH)

16

17

Total Semester Credit Hours in Program: 60

ester	Course	Hours	Notes	
	HP 3000 Fitness in Health Promotion	3	Major Requirement	
	NUT 2202 Nutrition & Health	3	Major Requirement	
	CS 1410 Introduction to Computer Applications	3	Major Requirement	
	HP 3100 Emergency Care & CPR	3	Major Requirement	
	Minor Course	3	Major Requirement	15
	HP 2200 Lifestyle Disease & Risk Reduction	3	Major Requirement	
	SOC 3100 Gerontology	3	Major Requirement	
	HP 4300 Smoking Cessation/Alcohol Treatment Program	3	Major Requirement	
	HP 2100 Health Program Planning & Evaluation	3	Writing in the Discipline	
	Minor Course	3	Major Requirement	15
	HP 3200 Health risk Appraisal	3	Major Requirement	
	HP 3130 Environmental Health	3	Major Requirement	
	HP 3700 Health Behavior Change	3	Major Requirement	
	HP 4100 Biostatistics	3	Major Requirement	
	Minor Course	3	Major Requirement	15
	HP 4200 Principals of Epidemiology	2	Major Requirement	
	HP 4701 Seminar in Health Promotions	3	Major Requirement	
	HP 4400 Weight Management	3	Major Requirement	
	Minor Course	3	Major Requirement	
	HP/HED 3100 Emergency Care and CPR	3	Major Requirement	17
	HP 4900 Internship	6	CAPSTONE	6
	HP 4800 Health Promotions Interventions	3	Major Requirement	
	Minor Course	3	Major Requirement	
	Minor Course	3	Major Requirement	
	Minor Course	2	Major Requirement	12

- 18 s.h. in major and 9 s.h. in minor must be at ASU.
 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in
- $As \ stated \ in \ the \ catalog, \ the \ final \ responsibility \ for \ meeting \ graduation \ requirements \ remains \ with \ the \ student.$