

TRANSFER GUIDE

BS, Exercise Science, 567A
Appalachian State University
2018-2019

Department of Health & Exercise Science
Beaver College of Health Sciences
Program of Study

| Community College Coursework: 62 Transfer hours | | Associate in Science | | | | |
|---|-------|----------------------|-------------------------------------|-------|------------------------|--------------------|
| Semester | Hours | NCCC Course | Course Name | Hours | Appalachian Equivalent | Notes |
| Semester 1: 15 hours | | ENG 111 | Writing & Inquiry | 3 | RC 1000 | |
| | | MAT 171 | Precalculus Algebra | 4 | MAT 1020 | Required for major |
| | | CHM 151 | General Chemistry I | 4 | CHE 1101/1110 | Required for major |
| | | UGETC | Humanity/Fine Arts | 3 | | |
| | | ACA 122 | College Transfer Success | 1 | | |
| | | | Semester hours | | 15 | |
| Semester 2: 17 hours | | ENG 112 | Writing/Research in the Disciplines | 3 | RC 2001 | |
| | | CHM 152 | General Chemistry II | 4 | CHE 1102/1120 | Required for major |
| | | UGETC | Math | 4 | | |
| | | UGETC | Humanity/Fine Arts | 3 | | |
| | | PSY 150 | General Psychology | 3 | PSY 1200 | Required for major |
| | | | Semester hours | | 17 | |
| Semester 3: 15 hours | | PHY 151 | College Physics I | 4 | PHY 1103 | Required for major |
| | | BIO 111 | General Biology I | 4 | BIO 1801 | Required for major |
| | | BIO 168 | Anatomy & Physiology I | 4 | ES 2031 | Required for major |
| | | UGETC | Social/Behavioral Science | 3 | | |
| | | | Semester hours | | 15 | |
| | | | Total AS degree hours | | 62 | |
| Semester 4: 15 hours | | PHY 152 | College Physics II | 4 | PHY 1104 | Required for major |
| | | BIO 169 | Anatomy & Physiology II | 4 | ES 2032 | Required for major |
| | | BIO 155 OR NUT 110 | Nutrition | 3 | NUT 2202 | Required for major |
| | | MAT 152 | Statistics | 4 | STT 2820 | Required for major |
| | | | Semester hours | | 15 | |
| | | | Total AS degree hours | | 62 | |

| Appalachian Course Work: 60 hours | | | | | | |
|-----------------------------------|-------|-----------------------------|--|-----------|---|--|
| Semester | Hours | Appalachian Course | Course Name | Hours | Notes | |
| Semester 5: 16 hours | | ES 2002 | Intro to Exercise Science | 3 | | |
| | | ES 2005 | Introduction to Physiological Assessment | 3 | | |
| | | NUT 2202 | Nutrition | 3 | If taken at community college, take free elective | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | PE Activity Course | 1530-1889 | 1 | |
| | | | Free Elective | | 3 | |
| | | | Semester hours | | 16 | |
| Semester 6: 16 hours | | ES 3002 | Exercise Physiology | 3 | Writing in the Discipline | |
| | | ES 3550 | Introduction to Biomechanics | 4 | | |
| | | | Exercise Science Elective | 3 | | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | Free Elective | | 3 | |
| | | | Semester hours | | 16 | |
| Semester 7: 15 hours | | ES 3005 | Advanced Physiological Assessment | 3 | | |
| | | | Exercise Science Elective | 3 | | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | Free Elective | | 3 | |
| | | | Semester hours | | 15 | |
| Semester 8: 13 hours | | ES 4050, ES 4060 OR ES 3900 | Field Experience | 3 | | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | Interdisciplinary Studies Elective | 3 | | |
| | | | Exercise Science Elective | 3 | | |
| | | | PE Activity Course | 1530-1889 | 1 | |
| | | | Semester hours | | 13 | |
| | | | Total Appalachian hours | | 60 | |

Applying to Appalachian:

- A minimum cumulative GPA of 2.25, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an on-line application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

Advising & Community College Course Selection:

- For UGETC, Pre-Major, Elective, or GEC course options please refer to the [Comprehensive Articulation Agreement transfer course list](#).
- Students should work with their community college academic advisor to ensure appropriate course selection for AA degree completion.

Transfer Information:

- The Beaver College of Health Sciences encourages students to work to complete an AS degree prior to transferring. If the AS degree is completed, students can estimate 2 years at Appalachian to complete the BS degree.

Major Declaration:

- An Appalachian GPA of at least a 2.5, based on a minimum of 12 hours of Appalachian coursework, is required to declare a major in Exercise Science.

Articulation Agreements:

- Catawba Valley Community College, Central Piedmont Community College, Gaston College, Sandhills Community College and Wake Technical Community College: [Health & Fitness Science](#)

Transfer Resources:

- Office of Transfer Services: transfer.appstate.edu
- Office of Admissions: admissions.appstate.edu
- Office of Financial Aid Scholarships: financialaid.appstate.edu
- Scholarships: scholarships.appstate.edu
- Career Development: careers.appstate.edu
- University Housing: housing.appstate.edu
- Off-Campus Housing: offcampushousing.appstate.edu
- Campus Activities: campusactivities.appstate.edu
- BCHS Advising: healthsciences.appstate.edu/students

