

TRANSFER GUIDE

BS, Exercise Science, 567A
Appalachian State University
2019-2020

Department of Health & Exercise Science
Beaver College of Health Sciences
Program of Study

Community College Coursework: 61 Transfer hours		Associate in Science			
Semester 1: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 111	Writing & Inquiry	3	RC 1000	
	MAT 171	Precalculus Algebra	4	MAT 1020	Required for major
	CHM 151	General Chemistry I	4	CHE 1101/1110	Required for major
	UGETC	Humanity/Fine Arts	3		
	ACA 122	College Transfer Success	1		
Semester hours			15		
Semester 2: 17 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 112	Writing/Research in the Disciplines	3	RC 2001	
	CHM 152	General Chemistry II	4	CHE 1102/1120	Required for major
	UGETC	Math	4		
	UGETC	Humanity/Fine Arts	3		
	PSY 150	General Psychology	3	PSY 1200	Required for major
Semester hours			17		
Semester 3: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	PHY 151	College Physics I	4	PHY 1103	Required for major
	BIO 111	General Biology I	4	BIO 1801	Required for major
	BIO 168	Anatomy & Physiology I	4	ES 2031	Required for major
	UGETC	Social/Behavioral Science	3		
	Semester hours			15	
Semester 4: 14 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	PHY 152	College Physics II	4	PHY 1104	Required for major
	BIO 169	Anatomy & Physiology II	4	ES 2032	Required for major
	BIO 155 OR NUT 110	Nutrition	3	NUT 2202	Required for major
	Pre-Major/GEC/Elective		3		
	Semester hours			14	
Total AS degree hours			61		

Appalachian Course Work: 60 hours					
Semester 5: 16 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 2002	Intro to Exercise Science	3		
	ES 2005	Introduction to Physiological Assessment	3		
	NUT 2202	Nutrition	3	If taken at community college, take free elective	
	Interdisciplinary Studies Elective		3		
	PE Activity Course	1530-1545, 1700-1889	1		
	Free Elective		3		
	Semester hours			16	
Semester 6: 16 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 3002	Exercise Physiology	3	Writing in the Discipline	
	ES 3550	Introduction to Biomechanics	4		
	Exercise Science Elective		3		
	Interdisciplinary Studies Elective		3		
	Free Elective		3		
Semester hours			16		
Semester 7: 15 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 3005	Advanced Physiological Assessment	3		
	Exercise Science Elective		3		
	Interdisciplinary Studies Elective		3		
	Interdisciplinary Studies Elective		3		
	Free Elective		3		
Semester hours			15		
Semester 8: 13 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 4050, ES 4060 OR ES 3900	Field Experience	3		
	Interdisciplinary Studies Elective		3		
	Interdisciplinary Studies Elective		3		
	Exercise Science Elective		3		
	PE Activity Course	1530-1889	1		
Semester hours			13		
Total Appalachian hours			60		

Applying to Appalachian:

- A minimum cumulative GPA of 2.25, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an on-line application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

Advising & Community College Course Selection:

- For UGETC, Pre-Major, Elective, or GEC course options please refer to the [Comprehensive Articulation Agreement transfer course list](#).
- Students should work with their community college academic advisor to ensure appropriate course selection for AA degree completion.

Transfer Information:

- The Beaver College of Health Sciences encourages students to work to complete an AS degree prior to transferring. If the AS degree is completed, students can estimate 2 years at Appalachian to complete the BS degree.

Major Declaration:

- An Appalachian GPA of at least a 2.5, based on a minimum of 12 hours of Appalachian coursework, is required to declare a major in Exercise Science.

Articulation Agreements:

- Catawba Valley Community College, Central Piedmont Community College, Gaston College, Sandhills Community College and Wake Technical Community College: [Health & Fitness Science](#)

Transfer Resources:

- Office of Transfer Services** transfer.appstate.edu
- Office of Admissions** admissions.appstate.edu
- Office of Financial Aid** financialaid.appstate.edu
- Scholarships** scholarships.appstate.edu
- Career Development** careers.appstate.edu
- University Housing** housing.appstate.edu
- Off-Campus Housing** offcampushousing.appstate.edu
- Campus Activities** campusactivities.appstate.edu
- BCHS Advising** healthsciences.appstate.edu/students

