

# TRANSFER GUIDE

BS, Exercise Science, Clinical Exercise Physiology, 567E  
Appalachian State University  
2019-2020

Department of Health & Exercise Science  
Beaver College of Health Sciences  
Program of Study

Community College Coursework: 62 Transfer hours		Associate in Science			
Semester 1: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 111	Writing & Inquiry	3	RC 1000	
	MAT 171	Precalculus Algebra	4	MAT 1020	Required for major
	CHM 151	General Chemistry I	4	CHE 1101/1110	Required for major
	UGETC	Humanity/Fine Arts	3		
	ACA 122	College Transfer Success	1		
		Semester hours	15		
Semester 2: 17 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	ENG 112	Writing/Research in the Disciplines	3	RC 2001	
	CHM 152	General Chemistry II	4	CHE 1102/1120	Required for major
	UGETC	Math	4		
	UGETC	Humanity/Fine Arts	3		
	PSY 150	General Psychology	3	PSY 1200	Required for major
		Semester hours	17		
Semester 3: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	PHY 151	College Physics I	4	PHY 1103	Required for major
	BIO 111	General Biology I	4	BIO 1801	Required for major
	BIO 168	Anatomy & Physiology I	4	ES 2031	Required for major
	UGETC	Social/Behavioral Science	3		
		Semester hours	15		
Semester 4: 15 hours	NCCC Course	Course Name	Hours	Appalachian Equivalent	Notes
	PHY 152	College Physics II	4	PHY 1104	Required for major
	BIO 169	Anatomy & Physiology II	4	ES 2032	Required for major
	BIO 155 OR NUT 110	Nutrition	3	NUT 2202	Required for major
	MAT 152	Statistics	4	STT 2820	Required for major
		Semester hours	15		
		<b>Total AS degree hours</b>	<b>62</b>		

Appalachian Course Work: 60 hours					
Semester 5: 13 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 2002	Intro to Exercise Science	3		
	ES 2005	Introduction to Physiological Assessment	3		
	NUT 2202	Nutrition	3	If taken at community college, take free elective	
	PE Activity Course	1530-1889	1		
	Free Elective		3		
		Semester hours	13		
Semester 6: 16 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 3002	Exercise Physiology	3	Writing in the Discipline	
	ES 3550	Introduction to Biomechanics	4		
	Clinical Elective		3		
	Clinical Elective		3		
	Clinical Elective		3		
		Semester hours	16		
Semester 7: 16 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 4625	Concepts of Exercise Testing	3	Offered fall semester only	
	ES 4620	Cardiovascular Physiology	3	Offered fall semester only	
	ES 3005	Advanced Physiological Assessment	3	CAPSTONE	
	Clinical Elective		3		
	PE Activity Course	1530-1889	1		
	Free Elective		3		
		Semester hours	16		
Semester 8: 15 hours	Appalachian Course	Course Name	Hours	Notes	
	ES 3900	Internship	6		
	ES 4645	Cardiopulmonary Pathophysiology & Rehab	3	Offered spring semester only	
	ES 4660				
	Clinical Elective		3		
		Semester hours	15		
		<b>Total Appalachian hours</b>	<b>60</b>		

## Applying to Appalachian:

- A minimum cumulative GPA, from all post-secondary coursework, is required for admission to Appalachian.
- Students interested in applying to Appalachian should submit an on-line application and official college transcripts to be considered for admission.
- Students hoping to attend a summer or fall term are encouraged to apply by February 15th and those hoping to attend in the spring are encouraged to apply by October 15th.

## Advising & Community College Course Selection:

- For UGETC, Pre-Major, Elective, or GEC course options please refer to the [Comprehensive Articulation Agreement transfer course list](#).
- Students should work with their community college academic advisor to ensure appropriate course selection for AA degree completion.

## Transfer Information:

- The Beaver College of Health Sciences encourages students to work to complete an AS degree prior to transferring. If the AS degree is completed, students can estimate 2 years at Appalachian to complete the BS degree.

## Major Declaration:

- An Appalachian GPA of at least a 2.5, based on a minimum of 12 hours of Appalachian coursework, is required to declare a major in Exercise Science.

## Transfer Resources:

Office of Transfer Services [transfer.appstate.edu](https://transfer.appstate.edu)  
Office of Admissions [admissions.appstate.edu](https://admissions.appstate.edu)  
Office of Financial Aid [financialaid.appstate.edu](https://financialaid.appstate.edu)  
Scholarships [scholarships.appstate.edu](https://scholarships.appstate.edu)  
Career Development [careers.appstate.edu](https://careers.appstate.edu)  
University Housing [housing.appstate.edu](https://housing.appstate.edu)  
Off-Campus Housing [offcampushousing.appstate.edu](https://offcampushousing.appstate.edu)  
Campus Activities [campusactivities.appstate.edu](https://campusactivities.appstate.edu)  
BCHS Advising [healthsciences.appstate.edu/students](https://healthsciences.appstate.edu/students)

