### FIRST YEAR SEMINAR

___UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or ___UCO MET* (0 s.h.)

*open to students who transfer at least 30 s.h. AND are classified as transfer students by Admissions. The 30 s.h. must be completed prior to enrollment at ASU. Students using this option will have 41 s.h. of General Education.

### WRITING ACROSS THE CURRICULUM (6 s.h. required)

___R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)
___R C 2001 or WRC 2001

### MAJOR REQUIREMENTS  (hours count in major requirements)

___Junior Writing in the Discipline (“WID” on major Program of Study)
___Senior Capstone Experience (“CAP” on major Program of Study)

### WELLNESS LITERACY (2 s.h. required)

Choose from the following:

1 s.h. courses: ___, ___P E 1530-1549, P E 1700-1877

2 s.h. courses: ___DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, ___HPE 1000, ___MSL 1110, ___P H 1105, ___SSU 2280, 2580, 4480, or 4580

3 s.h. courses (additional hour may count as elective):
___DAN 4460, ___HPE 4320, ___NUT 2202, ___P E 1718

### QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.):
___C S 1445, ___MAT 1010, ___MAT 1020, ___MAT 1110, ___STT 2820, ___WRC 1010

3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):
___ECO 2100, ___ECO 2200, ___MAT 1035, ___STT 1810, ___STT 2810, ___STT 3820

1 s.h. courses (for students who transfer 3 s.h. of QL coursework):
___MAT 1005, ___STT 1805

*If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.

### SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

- **Biology in Society:** BIO ___1201, ___1202, and ___1203 or (for transfer credit) BIO ___1201/1204 and ___1202/1205
- **The Blue Planet:** GLY ___1101 and ___1105
- **Chemistry Connections to Our Changing World:** CHE ___1101/1110 and ___1102/1120
- **Global Environmental Change:** choose 2 from: ___BIO 1103, ___GHY 1011, ___GHY 1012, ___GLY 1103, ___GLY 1104
- **How Things Work:** PHY ___1101 and ___1102
- **Life, Earth and Evolution:** __ANT 1430 and ___GLY 1102
- **The Physics of Our Technological World:** PHY ___1103 and ___1104
- **Physics of Self Expression:** PHY ___1101 and ___1812 or PHY ___1812 and ___1814
- **Physics with Calculus:** PHY ___1150 and ___1151
- **Restless Planet: Earth, Environment and Evolution:** choose 2 from: GLY ___1101, ___1102, ___1103
- **Voyages Through the Cosmos:** AST ___1001 and ___1002

**NOTE:** A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.
INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.”

☐ American Culture: Past and Present: ____ANT 2235 (SS), ____COM 3130, ____ENG 2120 (LS), ____HIS 2525 (HS), ____IDS 2000, ____REL 3110, ____S 20W 2020 (SS)

☐ Appalachian Communities: Mountain, Culture, and Land: ____A S/MUS 2016 (FA), ____A S 2200 (LS), ____A S GLY 2301, ____AS 3000, ____HIS 3726 (HS), ____SOC 3710 (SS)

☐ Cultivating Creative Expression: ____ART 2022 (FA), ____ENG 2360 (LS), ____MUS 2022 (FA), ____THR 2022 (FA)

☐ Experiencing Inquiry: How to Ask Questions: ____WRC 2201 (LS), ____WRC 2202 (HS), ____WRC 3000 (SS), ____WRC 3203 (FA)

☐ Expressions of Culture: ____COM 2124 (SS), ____DAN 2020 (FA), ____DAN 2030 (FA), ____HIS/IDS 3340 (HS), ____LLC 2050, ____THR 2020 (FA)

☐ From Empire to Globalization: ____ANT 1415 (SS), ____ANT 2340 (SS), ____ENG 2040 (LS), ____GWS 2421, ____MUS 2023 (FA), ____PHL 3050, ____P S 3410, ____SOC 2050 (SS), ____S W 2615

☐ Las Américas: ____ANT 2300 (SS), ____GHY 3014 (SS), ____GLS 3020 (HS), ____HIS 2301 (HS), ____HIS 2302 (HS), ____LLC 2040 (LS), ____REL 3100, ____WRC 2400 (FA)

☐ Revolutions: Social and Political: ____ART 2019 (FA), ____HIS 1501 (HS), ____HIS 2340 (HS), ____IDS 3650, ____MUS 2015 (FA), ____PHL 3030, ____SOC 1100 (SS), ____THR 2017 (FA)

☐ Social Relations Across Contexts: ____COM 2121, ____HIS 1120 (HS) ____PSY 2100, ____PSY 2213 (SS), ____SOC 1110 (SS)

☐ Sustainability and Global Resources: ____FCS 2110, ____FER 1000, ____GHY 1010, ____IDS 3010, ____PHL 2015, ____PHY 1830, ____S D 2400, ____TEC 2029 (SS)

☐ War and Peace: ____ANT 2222 (SS), ____GLS/JHP 2350, ____HIS/JHP 2300, ____HIS 3158 (HS), ____HIS 3823 (HS), ____HIS 3838 (HS), ____P S 4225 (SS), ____REL 3170, ____SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

Anthropology (ANT): ____2100 (SS), ____2400 (SS), ____2430 (SS)

Appalachian Studies (A S): ____2020, ____2025, ____2411 (SS)

Apparel Design and Merchandising (ADM): ____1000 (SS)

Arabic (ARB): ____1050

Art (ART): ____2011 (FA), ____2016 (FA), ____2030 (FA), ____2130 (FA)

Astronomy (AST): ____1050

Career and Technical Education (CTE): ____1590

Chinese (CHN): ____1050

Commercial Photography (PHO): ____2032

Communication (COM): ____2105, ____3300, ____3315

Criminal Justice (C J): ____3450 (SS)

Curriculum & Instruction (C I): ____C I/R M 2000

Dance (DAN): ____3430 (FA), ____3435 (FA)

Economics (ECO): ____2030 (SS), ____2040 (SS), ____2620 (SS)

English (ENG): ____1500, ____2030 (LS), ____2050 (LS), ____2060 (LS), ____2070 (LS), ____2175, ____2190 (LS), ____2350 (LS), ____ENG/HJP 3712 (LS)

Family & Child Studies (FCS): ____2103 (SS), ____2111

Finance (FIN): ____2860

French (FRE): ____1050 OR ____1060 (3 of 6 s.h. count in General Education)

Gender, Women’s, and Sexuality Studies (GWS): ____2600

Geography (GHY): ____1020 (SS), ____1040 (SS)

German (GER): ____1050 OR ____1060 (3 of 6 s.h. count in General Education)

History (HIS): ____1101 (HS), ____1102 (HS), ____1130 (HS), ____1200 (HS), ____1700 (HS), ____HIS/WRC 3210, ____3350 (HS), ____3728 (HS)

Honors College (HON) (available only to Honors College students): ____2515, ____3515

Industrial Design (IND): ____2012 (FA)

Interdisciplinary Studies (IDS): ____IDS/WRC 2302, ____3025, ____3250

Interior Design (INT): ____1300 (FA)

Japanese (JPN): ____1050

Judaic, Holocaust, and Peace Studies (JHP): ____JHP/ENG 3712 (LS)

Languages, Literatures, and Cultures (LLC): ____LLC/WRC 2030, ____3430 (LS)

Latin (LAT): ____1050

Music (MUS): ____2011 (FA), ____2014 (FA), ____2052, ____2611 (HS) (2 s.h.), ____2612 (HS) (2 s.h.), ____2613, ____2616 (FA), ____3611 (HS) (2 s.h.)

Nutrition (NUT): ____2351 (SS)

Philosophy (PHL): ____1000, ____1100, ____1501, ____1503, ____2000, ____3000 (HS), ____3013, ____3015, ____3020, ____3200 (HS), ____3550, ____3600

Planning (PLN): ____2410 (SS)

Political Science (P S): ____1100 (SS), ____1200 (SS), ____2130 (SS)

Portuguese (POR): ____1050

Psychology (PSY): ____1200 (SS)

Public Health (P H): ____2000 (SS)

Recreation Management (R M): ____R M/C I 2000, ____2100 (SS), ____2140 (HS)

Religious Studies (REL): ____1010 (LS), ____1100 (SS), ____1110, ____1115, ____1120, ____1700, ____2010 (LS), ____2030 (LS), ____2100 (HS), ____2120 (HS), ____2130, ____2150 (HS), ____2180, ____3120

Russian (RSN): ____1050

Sociology (SOC): ____1000 (SS), ____2020 (SS), ____2850 (SS), ____3100 (SS)

Somatic Sustainability (SSU): ____2460

Spanish (SNN): ____1050 OR ____1060 (3 of 6 s.h. count in General Education)

Technology (TEC): ____2601

Theatre (THR): ____2025 (FA), ____2030 (FA), ____2300 (FA), ____2610 (FA), ____3730 (FA)

Watauga Residential College (WRC): ____1104 (6 s.h.) (This course is available only to Watauga Residential College students), ____WRC/WRC 2030, ____2204, ____WRC/IDS/WRC 2302, ____2401, ____2403 (LS), ____WRC/HIS 3210, ____3401 (LS), ____3402, ____3403 (FA), ____3665 (LS)