

*Greetings  
from*

APP  
STATE

**FREE  
PARKING**

*On Campus  
August 16th - 18th*

**WELCOME  
TO APP  
2019**

# WELCOME TO APP 2019

**Welcome to APP 2019** begins with Welcome Weekend. Our goal during Welcome Weekend is for you to become more comfortable at Appalachian, to make new friends, to have fun, and to start weaving yourself into the fabric of student life at Appalachian. Welcome Weekend activities serve as an extension of your summer orientation. Take advantage of Welcome Weekend and Welcome to APP events throughout your first semester to ensure a great start at Appalachian!

**Go to [welcome.appstate.edu](http://welcome.appstate.edu) to find out more about each of the upcoming events.**

Events marked with



are transfer student specific events.

## Facility Schedules

### Saturday, August 17th:

#### AppCard Office

9:00am - 3:00pm

#### Bookstore

10:00am - 5:00pm

#### Parking & Traffic

8:00 am - 4:00pm

#### Post Office

Closed

### Sunday, August 18th:

#### AppCard Office

12:00pm - 4:00pm

#### Bookstore

10:00am - 5:00pm

## FREE PARKING ON CAMPUS AUGUST 16TH-18TH

## FRIDAY, AUGUST 16TH

### Residence Hall Floor Meeting

Transfer student living on campus? Meet your floor! See your RA for location (will also be posted on floors).

**When:** 8:00pm - 9:00pm

**Where:** Individual Residence Halls



### Off-Campus Transfer Student Social

Come get to know other transfer students who are also living off-campus and meet your Appol Corp Leader! **FREE** coffee and **FREE** cookies from Insomnia Cookies!!!

**When:** 8:00pm-9:00pm

**Where:** Whitewater Lounge, Plemmons Student Union (PSU)

### Billiards and Games at Plemmons Student Union

Chill out with a **FREE** game of billiards or darts!

**When:** 7:00pm - 10:00pm

**Where:** Hawksbill Game Room, Plemmons Student Union

## APP Spectacular!!!

Now it's time to party!! A live band on Sanford Mall, a DJ dance party in Varsity Gym, a 120 foot obstacle course, bouncy houses, LaserTag, Big Chair Pictures, Personalized Street Signs, The Appalachian Cookie Company and more! There will also be LOTS of giveaways including opportunities to win a **FREE** semester parking pass, 5 App State Home tailgating spots, **FREE** coffee for a semester, and much more. This event is open to all students with an App Card.

Must have your App Card to enter for drawing. BE THERE!!!

**When:** 9:00pm - 1:00am

**Where:** Sanford Mall and Varsity Gym

Come find App Builds a Home at App Spectacular! Learn about how App State and Habitat for Humanity are coming together on this project to build a house for a family in need. Take a photo with the ABAH Yosef house!!

## Midnight Pancake Breakfast

Need a break from all the fun at the APP Spectacular? Stop by the dining hall and grab some **FREE** pancakes and bacon!!! (Gluten free options)

**When:** 9:00pm - 1:00am

**Where:** Roess Dining Hall

# SATURDAY, AUGUST 17TH

## The Big Sale

Bring your reusable bag and load up on appliances, school supplies, clothes, furniture, and more! Come see us in Legends to buy everything you'll need this year for the lowest prices in town! All proceeds benefit energy efficiency projects for local non-profits and a scholarship for Appalachian students. Last year we raised over \$25,000! Get there early for the best selection! Cash or check only.

**When:** 8:00am - 2:00pm

**Where:** Legends



## T-Shirt Swap & Lunch with the Office of Transfer Services

Bring an old t-shirt from your last college and swap it out for a new Appalachian t-shirt (for the first 150 students)! Get to know the staff of the Office of Transfer Services, a valuable resource for transfer students in a relaxed, fun atmosphere with free food, and music. **FREE** lunch from Jimmy John's! Yosef will be here to officially welcome you to App - update your profile pic with you and Yosef!

**When:** 12:30pm-1:30pm

**Where:** Grandfather Mountain Ballroom

## Exchange & Common Reading Book Discussion

Discuss the Common Reading Book, *Just Mercy*, and have your academic questions answered by App State faculty and staff. Remember to bring your copy of *Just Mercy* with you so you can get a good idea of what some of your classroom discussions might look like. (See your leader for more information.)

**When:** 1:45pm - 3:00pm

**Where:** Individually assigned rooms in Plemmons Student Union during the T-Shirt Swap

## I Am Appalachian . . . Are you???

**When:** 3:30pm - 4:30pm

**Where:** Holmes Convocation Center

## Party in the Union

Come meet new friends and celebrate the start of the school year at this **FREE** event featuring a DJ, Comedy Magician, Ice Cream Social, Classic Films, Indoor Laser Tag, Contra Dancing, and LOTS of **FREE** giveaways! There's something for everyone so don't miss out!

**When:** 8:00pm - 11:00pm

**Where:** Plemmons Student Union

## Summer's Last Square Dance

All are welcome to come to Crossroads during Party in the Union to learn and participate in the last square dance of the Summer! No previous experience required, and LIVE MUSIC!

**When:** 8:00pm - 11:00pm

**Where:** Plemmons Student Union



# SUNDAY, AUGUST 18TH

## Spiritual Life Fair

Plemmons Student Union opens early for hundreds of Appalachian students to seek out places and spaces in our community to grow in their faith and to continue or begin their spiritual journey. This event is open to all spiritually based organizations in our community. Often the event leads to an invitation to a meal and fellowship at a local church or meeting space.

**When:** 8:30am - 10:30am

**Where:** Plemmons Student Union, 1st Floor



## Taste of Boone Restaurant Crawl

All transfer students attending The Restaurant Crawl will be given a map with restaurants in downtown Boone offering **FREE** samples and awesome coupon deals to use for lunch.

**BE SURE TO BRING YOUR APPCARD!!!**

**When:** 11:30am - 1:30pm

(maps given away between 11:30am - 12:30pm)

**Where:** Meet in the Library Atrium

**(FREE PARKING IN LIBRARY DECK!)**



## Transfer Campus Walk

Hang out, walk your class schedule, and find your classrooms before the first day of classes with your Appol Corps Leaders!

**When:** 2:00pm - 3:00pm

**Where:** John E. Thomas (JET) Building

## Club Expo

With over 400 student organizations and numerous community partners, App State has something for everyone! Come out to meet new friends and learn about exciting leadership and involvement opportunities.

**When:** 2:00pm - 5:00pm

**Where:** Holmes Convocation Center

# MONDAY, AUGUST 19TH

## FIRST DAY OF CLASSES!!!!

### First Day of Class (FDOC) Photos

Send proof to your parents and family that you made it to your first day of class! Stop by our tent on Sanford Mall to snap an official App State photo and enjoy free Insomnia Cookies.

Sponsored by Parent & Family Services and The Parents Fund

**When:** 10:00am - 2:00pm

**Where:** Sanford Mall

### Tie Dye on the Mall

Join Residence Hall Association for our annual Tie-Dye on the Mall! Grab a **FREE** shirt or pillowcase to tie-dye. There will also be food for all to enjoy!!!

**When:** 5:00pm - 7:00pm

**Where:** Sanford Mall

### UREC Fest 2019

**FREE** Food, Prizes, Giveaways, Fun, Games, and Inflatables!

Come out to the Student Recreation Center and meet our incredible staff to explore our programs and student employment opportunities! Prizes include t-shirts, water bottles, Outdoor Programs day trips, personal training sessions, and more!

**When:** 4:00pm - 8:00pm

**Where:** Student Recreation Center

### Movie Night

Come to IG Greer and see the blockbuster hit *Captain Marvel*! IG Greer hosts movies all year long and this will start your year off with a BANG! **FREE** showing while seating lasts! So get there early!!!

**When:** 8:30pm - 11:00pm

**Where:** IG Greer

### Lemon-Aid Stand

**Not sure which Belk building you need to be in? Confused about how to find the right room in Rankin? Our official campus tour guides, the Appalachian Student Ambassadors, are at your service! Look for their tent on Sanford Mall from 9:00 AM - 2:00 PM Monday, August 19th and Tuesday, August 20th, and stop by for a free cup of lemonade and answers to your campus questions.**

## **TUESDAY, AUGUST 20TH**

### **Taikoza**

Come check out this **FREE**, high-energy event featuring a performance by a Taiko drumming group. *Taikoza* brings powerful rhythms and electrifying energy! You don't want to miss it!

**When:** 7:00pm - 9:00pm

**Where:** Schaefer Center for the Performing Arts

## **WEDNESDAY, AUGUST 21ST**

### **Appalooza**

Make your own koozie, eat **FREE** barbecue, enjoy inflatable games, and learn more about various campus resources and organizations. Find it all on Sanford Mall from 4-7pm!

**When:** 4:00pm - 7:00pm

**Where:** Sanford Mall

## **THURSDAY, AUGUST 22ND**

### **Welcome Week Concert**

This concert is one you won't want to miss! Check out the Back to School show in Legends for an unforgettable night of live music! Show starts at 8pm.

Buy Tickets at [apps.appstate.edu](https://apps.appstate.edu)

**When:** 8:00pm - 11:00pm

**Where:** Legends

## **TUESDAY, AUGUST 27TH**

### **Black and Gold Convocation**

Official Welcome to Appalachian! A welcome from Chancellor Everts, the SGA President, as well as an address by Appalachian Alum Dr. Harry Williams, Executive President and CEO of the Thurgood Marshall College Fund. In addition, all new students will receive their official Appalachian "A" lapel pin and take part in the traditional pinning and Aspire Oath.

**NO BAGS OR WATER BOTTLES PLEASE!!!**

**When:** 10:00am - 11:00am

**Where:** Holmes Convocation Center

## Mountaineer March

A ceremonial march of all new Mountaineers from the Holmes Convocation Center to Kidd Brewer Stadium.

**When:** Immediately following Black and Gold Convocation

**Where:** Holmes Convocation Center to Kidd Brewer Stadium

## Party at The Rock!!!

Kick off your fall semester with your class picture on the football field. **FREE LUNCH!!!** Hamburgers, hot dogs, drinks, dessert and all the fixings. After lunch, get ready for your first Mountaineer Pep Rally with a few special guests. You don't want to miss this!!!

**When:** 11:30am - 1:30pm

**Where:** Kidd Brewer Stadium (rain location Holmes Convocation Center)

## SGA Interest Meeting

Student Government Association is the largest student run organization on Appalachian's campus! We are the student's voice to enact change on campus through legislation, advocacy, and awareness. Come learn more about what SGA does and how you can get involved! We recommend you attend this meeting if you plan to run in SGA Senate elections.

**When:** 6:30 pm

**Where:** Linville Falls, PSU

# THURSDAY, AUGUST 29TH

## Welcome Back Comedy Show

APPS (Appalachian Popular Programming Society) presents a **FREE** comedy showcase with some of the best up-and-coming talent in the nation! Tickets will be free with your student ID and will be available before the performance at the doors of the Schaefer Center.

**When:** Doors open at 7pm- Check [apps.appstate.edu](https://apps.appstate.edu) for details.

**Where:** Schaefer Center for the Performing Arts

## SGA Senate Elections Are This Week!

Senate elections for Student Government Association are this week - August 29th-September 5th! Vote for the students that are going to be representing you and students alike. Go to [sga.appstate.edu/vote](https://sga.appstate.edu/vote) to cast your vote!



## **Fraternity & Sorority Life Recruitment**

- Friday August 24th -- Interfraternity Council (IFC) Formal Recruitment Rounds (required)
- Monday, August 27, 2018 -- National Pan-Hellenic Council (NPHC) Meet the Greeks
- Wednesday, August 29th, 2018 -- Panhellenic Council (PHC) Sorority Meet and Greet
- Tuesday, September 4th, 2018 and Wednesday, September 5th, 2018 -- Panhellenic Council Potential New Member Information Session (required)
- For more information about recruitment, visit <https://fsl.appstate.edu/recruitment--intake>

## **FRIDAY, AUGUST 30TH**

### **Appalachian 101**

Learn about the region including how to be part of the culture. Hear from students, staff, and faculty on how to appreciate, experience, and embrace Appalachian culture. This panel will breakdown stereotypes and debunk myths, while helping you to learn how to live in your new Appalachian home.

**When:** 6:00pm - 9:00 p.m.

**Where:** Legends

## **SATURDAY, AUGUST 31ST**

### **1st Home Football Game App State vs. ETSU**

**When:** 3:30pm

**Where:** Kidd Brewer Stadium

## **TUESDAY, SEPTEMBER 3RD**

### **Health and Wellness Town Hall**

This event serves as both an educational opportunity to learn about the health and well-being status of our campus community, as well as an opportunity to share insights regarding additional needs pertaining to student support services.

**When:** 11:00am - 1:00pm

**Where:** 137 Grandfather Mountain Ballroom, Plemmons Student Union

## Health, Wellness and Safety Week

Join us at our annual Health, Wellness, and Safety Week where different departments across campus come together to highlight various campus resources for students! Check out our weeklong list of events at [appcares.appstate.edu](http://appcares.appstate.edu)!

When: September 3rd-10th

## WEDNESDAY, SEPTEMBER 4TH

### Part Time Jobs Fair

Need a job on campus? Need a job off-campus? Are you eligible for Federal Work Study? If so, go to [careers.appstate.edu/handshake](http://careers.appstate.edu/handshake) to find open positions. You also should attend the Part Time Jobs Fair September 4th.

**When:** 11:00am - 2:00pm

**Where:** Grandfather Mountain Ballroom, Plemmons Student Union



Reminder: It's TIME to make an appointment with your academic advisor to discuss your academic plan and choose classes for spring! You will register for classes in mid-November so make your appointment NOW!

## Spoken Traditions of Appalachia

The region of Appalachia has a strong tradition of spoken performance; from storytelling to poetry to music, this region has its roots in performance, and the tradition of passing these performances down. Bearing the name of this region, we at AppSpeaks and Campus Activities want to bring these traditions to Appalachian State University and invite students, faculty, and staff to share what it means to be a part of the Appalachia Region, and share their experiences and traditions through spoken performance.

**When:** 6:00pm - 9:00pm

**Where:** Solarium - Plemmons Student Union

## **THURSDAY, SEPTEMBER 5TH**

### **Founders Day**

A tradition celebrated each fall to honor Appalachian's founders B.B. and D.D. Dougherty and Lillie Shull Dougherty and the first day of classes at Appalachian in 1899, then known as Watauga Academy. Come kick off the year by celebrating our school's history!

**When:** 12:30pm - 4:30pm

**Where:** Various Locations on Campus

## **FRIDAY, SEPTEMBER 6TH**

### **GLOW/RUN/DANCE**

Join Appalachian Popular Programming Society (APPS) and Wellness & Prevention Services for a glow run as part of Health, Wellness, and Safety Week! Participate in a one-mile glow run departing from Legends at 8pm, learn about health and wellness resources, and then dance at a glow DJ dance party following!

**When:** 8:00pm - 11:00pm

**Where:** Legends

## **SATURDAY, SEPTEMBER 7TH**

### **Home Football Game App State vs. UNCC**

**When:** 3:30pm

**Where:** Kidd Brewer Stadium

## **MONDAY, SEPTEMBER 9TH**

### **A Taste of Dialogue: Interpersonal Violence in Marginalized Communities**

Join Sustained Dialogue, APPS, and Wellness and Prevention Services to learn more about resources related to wellness and engage in small-group dialogue with other students!

There will be **FREE** catered dinner!

**When:** 6:00pm - 8:00pm

**Where:** Plemmons Student Union Beacon Heights (Room 417)

## **TUESDAY, SEPTEMBER 10TH**

### **30th Annual Walk for Awareness**

This annual event stands as a reminder of our commitment to remember those lost to violence within our community, and affirm our efforts to support survivors of interpersonal violence while working to create a violence free community.

**When:** 6:00pm - 8:00pm

**Where:** Sanford Mall

## **FRIDAY, SEPTEMBER 13TH**

### **Inclusive Leadership Retreat**

Come out to the Inclusive Leadership Retreat not only to improve your resume, but also to learn about how to engage in difficult conversations. Join Sustained Dialogue Institute professionals from Washington DC at this retreat and leave Sustained Dialogue moderator-certified! It is **FREE** and meals are included! Participants also get a free T-shirt and Sustained Dialogue Certificate!

Register and learn more at [sustaineddialogue.appstate.edu](http://sustaineddialogue.appstate.edu)

**When:** Friday, September 13th-Sunday, September 15th

**Where:** Plemmons Student Union

## **TUESDAY, SEPTEMBER 17TH**

### **Common Reading Author Bryan Stevenson at The Holmes Center**

Join other students, faculty and staff as Bryan Stevenson, author of the Common Reading selection *Just Mercy*, discusses the book and the transformational and inspiring work he is doing with his Equal Justice Initiative (EJI).

**When:** 7:00pm

**Where:** Holmes Convocation Center

## **WEDNESDAY, SEPTEMBER 18TH**

### **Internship and Job Fair**

The Internship and Job Fair is Appalachian State's largest and most comprehensive career event. Over 100 employers attend representing business, non-profits, healthcare and government agencies. This is a wonderful event to just begin the networking

process with employers. More information can be found at [careers.appstate.edu](http://careers.appstate.edu)

**When:** 12:00pm - 4:00pm

**Where:** Holmes Convocation Center

## **TUESDAY, SEPTEMBER 24TH**

### **13th Annual Homecoming Blood Drive**

Every two seconds, someone in the U.S. needs blood. Be a part of one of the largest single day, single site blood drives in the country by joining us in the Convocation Center to help save thousands of lives. Participating organizations receive Homecoming Competition points for donating and volunteering. Help us reach our 1,200 pint goal by signing up to volunteer and/or donate at [act.appstate.edu](http://act.appstate.edu) starting Monday, August 19th

**When:** 8:00am - 7:00pm

**Where:** Holmes Convocation Center

## **FRIDAY, SEPTEMBER 27TH**

### **AppalFest/Family Weekend**

Kick off Family Weekend with AppalFest, an event featuring a handmade market, live music from a local band, Paint Your Own Pumpkin, Make Your Own Mason Jar, inflatables, **FREE** cotton candy and candy apples, a photo bus, and more!

**When:** 2:00pm - 6:00pm

**Where:** Sanford Mall

### **App's Got Talent**

Join Club Council in Legends for the **FREE** Clubs and Organizations talent show, which may include song, dance, poetry, juggling, comedy, and more.

**When:** 6:00pm - 9:00pm

**Where:** Legends

## **SATURDAY, SEPTEMBER 28TH**

### **App State vs. Coastal Carolina (Family Weekend)**

**When:** 3:30pm

**Where:** Kidd Brewer Stadium



## **WEDNESDAY, OCTOBER 2ND**

### **Careers for Impact**

Is making an impact in the world important to you? Do you want to learn about internships and jobs with organizations that focus on creating a sustainable and inclusive economy? If so, stop by one of the sessions at Careers for Impact and meet businesses and non-profit organizations whose missions are purpose-driven. Register in advance for lunch with employers on Handshake. More information and registration can be found at [careers.appstate.edu](https://careers.appstate.edu)

**When:** 11:00am - 4:00pm

**Where:** Plemmons Student Union

## **THURSDAY, OCTOBER 3RD**

### **Graduate and Professional School Fair**

Do you know that you need a graduate degree to pursue your dream career? Then stop by the Graduate and Professional School Fair and talk to over 30 university recruiters who can tell you what preparation you need to be a competitive applicant. More information can be found at [careers.appstate.edu](https://careers.appstate.edu)

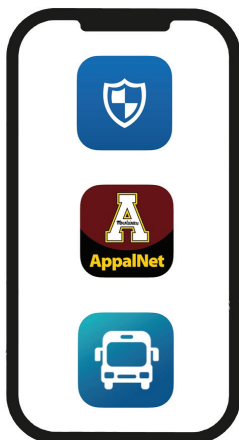
**When:** 10:00am - 2:00pm

**Where:** Grandfather Mountain Ballroom, Plemmons Student Union

## **WEDNESDAY, OCTOBER 16TH • SUNDAY, OCTOBER 20TH**

### **Homecoming Week**

Homecoming 2019 will be filled with festivities to celebrate our beloved Mountaineers. This year's theme is "Construction" and events include a parade down King Street, LipSync Competition, APPToberfest, NPHC Step Show, Homecoming tailgate, the football game, and more! For more information go to [homecoming.appstate.edu](https://homecoming.appstate.edu).



## Apps for helping you at App State!

### **Rave Guardian**

Set safety check-ins for solo walks across campus!  
Gives you quick access to AppState police via phone!

### **AppalNet**

Check your schedule and find your classes!  
Keep up with your grades!

### **NextBus**

Quickly check which buses are near you!  
Never miss the bus with up-to-date arrival times!

# Join APPS and bring life to campus!



The Appalachian Popular Programming Society is the main programming organization on ASU's Campus! We program over 150 events annually ranging from free items and films to live music and educational programming.

Our application to apply is currently open! You can access the application:

- Go to [appsync.appstate.edu](https://appsync.appstate.edu) and finding the form on our organization page.
- or
- Go to our table at Club Expo or at one of our contact tables in Plemmons Student Union during the application period!

Applications are due  
September 1st!



For more information on our organization, go to our website:  
[apps.appstate.edu](https://apps.appstate.edu)

# INVOLVE YOSEF!

# FALL 2019



## August

**Welcome Tent—8/19 & 8/20, 10am—2pm, Sanford Mall** Transfer Student Mentors and Faculty & Staff are available to answer your questions & provide directions to locations on campus! Cornhole & giveaways!

**Transfer Welcome Pizza Party—8/21, 6-8pm, Parkway Ballroom** Meet new & returning students over FREE pizza. Learn how to get involved & resources to manage your first semester!

## September

**Transfer Social—9/5, 5:00pm, Appalachian Mountain Brewery** Get off campus and meet other transfer students. All ages welcome!

**Tailgate with Transfer Services, App State Online & the Transfer RLC—9/7** App takes on UNC Charlotte—Kick off the fun by stopping by the transfer tent in the student Tailgate area for free food and to socialize with other transfer students!

**Transfer Day at Camp Broadstone—9/14, 2-9pm** Connect with other transfer students through facilitated activities, dinner, games and s'mores over the fire. Must pre-register (email [mortonka@appstate.edu](mailto:mortonka@appstate.edu))!

## October

**Board Game Night—10/1, 5:30-7:30pm, Rough Ridge** Socialize with other transfer students while playing board games.

### **NATIONAL TRANSFER STUDENT WEEK OCT. 21—26**

**Your Transfer Story—10/21, 10am—2pm, Calloway Peak** We want to share your story with the App campus to highlight the transfer journey. Stop by to complete a story book, enter to win prizes, and connect with other transfer students.

**Tau Sigma Trivia Night—10/22, 8:30pm, River Street Ale House** Join the Tau Sigma Honor Society for Trivia Night! Socialize, compete in trivia, and have a blast! Tau Sigma will purchase pizza at 8:30pm for the first 20 transfer student attendees—trivia starts at 9pm. All ages welcome!

**App Celebrates Transfers—10/23, 10am—2pm, Belk Library Main Floor** Look for our Transfer Services tent in the library as we celebrate YOU with free donuts & pizza (courtesy of the Library!), highlight transfer statistics, spin to win prizes, and a photo booth!

**Pop-Up Transfer Student Center—10/24, 10am—2pm, Linville Falls** Visit our Pop Up Center to relax and socialize with other transfer students, study, eat snacks, talk to Transfer Student Mentors & Transfer Services Staff, and connect with some of our campus partners (Counseling Center—10am-11am; Study Abroad Opportunities 11am-12pm; Career Development 12pm—1pm; and Student Learning Center/Study Strategies 1pm-2pm).

**Scarowinds with the Transfer Student Organization—10/26** Wind down Transfer Week with a trip to Scarowinds! Great group rates makes this affordable fun! For more info/to sign up email [wattsbl@appstate.edu](mailto:wattsbl@appstate.edu).

## November

**Paint Night—11/4, 6:30pm, Turchin Center** Let your creative side shine with a step-by-step paint class. Must pre-register ([mortonka@appstate.edu](mailto:mortonka@appstate.edu))!

**De-Stress Fest—11/13, 12-3pm, Linville Falls** Prepare for finals and the holidays with chair massages, therapy dogs, coloring, and stress management tips!



For more event details visit: [transfer.appstate.edu](http://transfer.appstate.edu), [facebook.com/groups/appstatetransfers](https://facebook.com/groups/appstatetransfers),  
Instagram @AppStateTransfers, or the Office of Transfer Services AppSync page.

## Transfer Services

APPALACHIAN STATE UNIVERSITY